



Glosario Inglés Lengua II

Tema 6: Salud, Malestares y Recomendaciones

Expresiones	Traducción Translation	Ejemplo Example
Expressions Expresiones		
How are you? I'm not so good actually, ...	¿Cómo estás? No muy bien en realidad, ...	How are you? I'm not so good actually , I'm feeling sick.
What's the matter? What's the problem?	¿Qué sucede? ¿Cuál es el problema?	What's the matter? I think I hurt my hand. What's the problem? I'm so tired. I really need to take a break
I have a ... My back really hurts!	Tengo un ... ¡Me duele mucho mi espalda!	I have a headache ; it hurts so much.
How do you feel? I feel sick! I feel well! I don't feel well.	¿Cómo te sientes? Me siento enfermo. Me siento bien. No me siento bien.	How do you feel? I feel sick! I don't think I can go to school today.
What should I do?	¿Qué debería hacer?	What should I do for this terrible headache? Go to the doctor.
You should ... You shouldn't ...	Deberías... No deberías...	You should take a shower if you have a fever. You shouldn't do a lot of effort.
I'm sorry to hear that. I hope you feel better soon.	Lamento escuchar eso. Espero que pronto te sientas	I know how bad , I'm sorry to hear that. I wish you feel better soon
Does it hurt?	¿Te duele?	Does it hurt? Of course! It really hurts!
Have a pain (in the leg / arm)	Tener dolor (en la pierna / brazo)	Thanks to that fall now I have a pain in my left arm.
I suffer from ...	(Yo) Sufro de...	I suffer from migraine.
You look well!	Te ves muy bien.	It has been so many years and you still look well!
See a doctor / dentist!	Ve al doctor / dentista.	That tooth doesn't look good, see a dentist immediately.

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Do you take any medicine?	¿Tomas alguna medicina?	<i>Do you take any medicine?</i> Yeah, this one, every four hours.
Can I make an appointment?	¿Puedo hacer una cita?	<i>Can I make an appointment?</i> Sure, we have an appointment available next Monday.
What time is your appointment?	¿A qué hora es tu cita?	<i>What time is your appointment?</i> At 10 am.
Should I take any medicine?	¿Debo tomar medicina?	<i>Should I take any medicine?</i> Yes, it will help you to recover faster.



Vocabularios Vocabulary	Traducción Translation	Ejemplo Example
Health Problems Problemas de Salud		
A fever.	Fiebre	Having a fever is part of the symptoms.
A rash	Sarpullido	This rash is killing me. It's so annoying.
Backache	Dolor de espalda	The backache started a week ago.
Broken... Leg Arm	Pierna Brazo ... roto(a)	How did you end up with a broken leg ? I can't believe your arm is broken !
Cold	Resfriado	It's nothing, just a cold . Don't worry that much.
Cough	Tos	This cough hasn't stopped since last month.
Headache	Dolor de cabeza	Every day I wake up with a horrible headache.
Stomachache	Dolor de estómago	That hot-dog got me a stomachache .
Toothache	Dolor dental / de muelas	If you have a toothache , you should see your dentist.
Sore eyes	Ojos irritados	His eyes were sore . He must follow this treatment.
Sore throat	Garganta irritada	I can't talk too much because my throat is sore .
Temperature	Temperatura	Her temperature was higher than the average.
The flu	Gripe	She has the flu . She must rest.
Verbs Verbos		
Feel	Sentir	I feel sick
Help	Ayudar	You should get some help to treat that.
Hope	Esperar (que)	I hope you get better.
Hurt	Doler	It hurts a lot, more than you think.
Lay down	Recostarse	Lay down in bed. Don't worry! I'll take care of you.
Rest	Descansar	You must rest . Don't leave the bed.

CENTRO DE AUTOACCESO-USBI VERACRUZ



Rub	Aplicar / Frotar / Poner	Rub this ointment over your scratch. Rub his leg.
Stay (in bed)	Quedarse (en cama)	Stay in bed and don't get up until you feel better.
Take	Tomar	Take these pills. They will help you.
Emotional and Health Conditions Estados de ánimo y salud		
Bad	Mal	I'm not too bad .
Fine Well Good Better	Bien Muy bien Bien Mucho mejor	I'm fine , thanks for asking. My sister doesn't feel well . I feel really good today. I feel much better .
Great	Genial Excelente	I'm great ! I feel better than ever.
Happy	Feliz	We are so happy today.
Hungry	Hambriento(a)	Are you hungry ? Do you want a sandwich?
Patient	Paciente (adjetivo)	You must be patient . You will get better soon.
Sad	Triste	Don't be sad , son!. It's just a simple flu.
Sick	Enfermo(a)	You are sick . It's necessary that you rest more.
Terrible	Terrible	I feel terrible with this backache.
Thirsty	Sediento	Would you give me a glass of water, please? I'm really thirsty .
Tired	Cansado	I need to sleep more. I really feel tired .
Vocabulary Vocabulario	Traducción Translation	Ejemplo Example
Body Parts Partes del cuerpo		
Arm	Brazo	Your arms are so long.
Elbow	Codo	I hurt my elbow skating yesterday.
Knee	Rodilla	Don't forget to put on the kneepads to protect your knees .
Leg	Pierna	I broke my leg a year ago.
Mouth	Boca	Clean your mouth . You have some food on it.

CENTRO DE AUTOACCESO-USBI VERACRUZ



Neck	Cuello	My neck hurts! I couldn't sleep well.
Nose	Nariz	You nose looks sore. Have you been sneezing?
Shoulder	Hombro	You should train your shoulders more often.
Skin	Piel	I use a skincare treatment to make my skin look better.
Stomach	Estómago	Don't drink too much beer! You have gotten such a big stomach !
Throat	Garganta	My throat is dry. I need some water.
Toe(s)	Dedos (del pie)	These high heels are killing my toes .
Tooth [S] / Teeth [P]	Diente [Singular] / Dientes [Plural]	The tooth fairy took your teeth overnight.
Wrist	Muñeca	The impact was on the left wrist .
Tongue	Lengua	Stick out your tongue . I need to see your throat.
Lips	Labios	Your lips are dry. You should use this lipstick.
Back	Espalda	The pain on your back means you are not doing the workout correctly.
Ear	Oreja	Get those airpods off your ears , listen to me!
Eye	Ojo	Your eyes are red, are you ok?
Eyebrow	Ceja	Her mom plucked her eyebrows
Eyelash	Pestaña	Your eyelashes are so long. They're beautiful.
Face	Cara	What's on your face ? Is that make-up?
Finger(s)	Dedo(s)	I can't move my middle finger properly.
Foot [P] / Feet [S]	Pies [P] / Pie [S]	My feet are tired, I've been walking for so long. I feel more pain on the right foot .
Hand	Mano	Are your hands cold? Put on my gloves.
Head	Cabeza	If you don't wear a helmet, you can hurt your head while riding your motorcycle.