



Glosario Inglés Lengua I
Tema 4: Actividades Cotidianas

<i>Expresiones</i>	<i>Traducción</i>	<i>Ejemplos</i>
Expressions Expresiones		
What do you do in the morning?	¿Qué haces (tú) en la mañana?	What do you do in the morning? I have breakfast in the morning.
What does he / she do in the morning?	¿Qué hace él/ella en la mañana?	What does she do in the morning? She studies in the morning.
What do you do in the afternoon?	¿Qué haces (tú) después de mediodía?	What do you do in the afternoon? I surf the net in the afternoon.
What does he / she do in the afternoon?	¿Qué hace él / ella después de mediodía?	What does she do in the afternoon? She reads a book in the afternoon.
What do you do in the evening?	¿Qué haces (tú) por la tarde?	What do you do in the evening? I read a book in the evening.
What does he / she do in the evening?	¿Qué hace él / ella en la tarde?	What does she do in the evening? She takes a shower in the evening.
What do you do at night?	¿Qué haces (tú) por la noche?	What do you do at night? I watch TV at night.
What does he / she do at night?	¿Qué hace él / ella en la noche?	What does she do at night? She walks her dog at night.
What do you read? / play?	¿Qué lees? ¿Qué juegas?	What do you read? I read the newspaper. What do you play? I play videogames.
What does he / she read? play?	¿Qué lee él/ ella? ¿Qué juega él/ ella?	What does he read? He reads a book. What does she play? She plays videogames.

Palabra <i>Word</i>	Traducción <i>Translation</i>	Ejemplos <i>Examples</i>
Verbs (Activities) Verbos (Actividades)		
arrive	llegar	He arrives at home at 9:00 pm.
brush	cepillar	Brush your teeth now!
catch the bus	tomar el autobús	I need to catch the bus , see you!



CENTRO DE AUTOACCESO-USBI VERACRUZ

check social networks	revisar redes sociales	I don't check social networks very often.
clean (the house)	limpiar (la casa)	Amanda never cleans her house.
do homework	hacer tarea	I do my homework at the library.
do the housework	hacer las tareas (del hogar)	I can't go out, I have to do the housework .
download music	descargar música	I download some free music from internet.
drive to school	manejar a la escuela dirigirse a la escuela	My mother drives me to school every day.
finish school	terminar la escuela (clases)	I finish school at 1:00 pm.
finish work	terminar el trabajo	I finish work at 8:00 at night.
get dressed / dress	vestirse	I get dressed after the shower.
get to work	ir al trabajo	I get to work at 8:00 am.
get to school	ir a la escuela	I get to school at 7:00 am.
get up	levantarse	I get up early every morning.
get undressed / undress	desvestirse	When I take a shower, I get undressed .
go by bus / car	ir en camión / carro.	I go by bus to school everyday.
go home	ir a casa	I go home at 4:00 pm after work.
go out (for dinner)	salir (a cenar)	Let's go out for dinner together.
go shopping	ir de compras	I need to go shopping this weekend.
go to bed	ir a la cama	You have to go to bed early.
go to school	ir a la escuela	My brother goes to school at 9:00 am.
go to the s. a. c. (self-access center)	ir al centro de auto acceso (cadi)	You have to go to the self Access center to practice English.
go to the gym	ir al gimnasio	My students go to the gym after classes.
go to the park	ir al parque	Mary likes to go to the park in the evening.
go to work	ir al trabajo	I go to work from Monday to Friday.
go on foot	ir a pie	I do not have a car. I go on foot to school.



CENTRO DE AUTOACCESO-USBI VERACRUZ

get on/off the bus	subir al autobus /bajar del autobus.	People get on the bus at the bus station. and they get off the bus at the market.
Have a meal	Comer	I have three meals a day.
Have a salad	Comer una ensalada	I usually have a green salad for dinner.
have/eat: breakfast lunch dinner supper	tener/comer: el desayuno, el almuerzo, la cena. Have: comer y beber Eat: comer	I have breakfast at 9:00 am on weekdays. I usually eat a sandwich for lunch when I finish my homework. Philip has dinner at 6:00 pm every day. I sometimes have a sandwich for supper at 9:00 pm.
leave home	salir de casa.	She leaves home at 10:00 am every day.
listen to music/the radio	escuchar música / la radio.	We always listen to music . I usually listen to the radio on my way to work.
play computer games	jugar juegos de computadora.	He plays computer games every night.
put on clothes	vestirse	First, I put on my clothes .
read a book	leer un libro.	I'm reading a book about business.
read a newspaper	leer un periódico.	My grandfather reads the newspaper each morning.
start work/school	comenzar el trabajo/la escuela.	She starts work at 8:00 am every day. She starts school at 7:00 am from Monday to Friday.
study	estudiar	I study hard for my exams.
take a bath	tomar un baño / ducharse.	He takes a bath before going to school.
take the bus/a taxi	tomar un autobús/un taxi.	I take the bus to get to school.
walk to school	caminar a la escuela.	I walk to school because I live near the University.
walk the dog	pasear al perro.	My mother walks the dog in the park in the morning.
wake up	despertar.	I wake up at 6:00 am.



CENTRO DE AUTOACCESO-USBI VERACRUZ

wash the dishes	lavar los trastes.	I wash the dishes once a week.
watch tv	ver televisión.	I watch TV at night.

vocabulario	Traducción	Ejemplos
Food Alimentos		
apples	manzanas	Apples are red fruits.
bananas	plátanos	Monkeys eat bananas .
beans	frijoles	I always have eggs and beans for breakfast.
beef	carne de res	I prefer to eat beef for lunch.
bread	pan	I love to eat bread and coffee.
butter	mantequilla	My brother has a toast with butter for breakfast.
cake	pastel	I always have a birthday cake for my birthday.
cereal	cereal	I like to eat cereal with banana for dinner.
cheese	queso	I do not like cheese in my sandwich.
chicken	pollo	My mother prepares a carrot and potato salad with chicken for lunch.
cookies	galletas	My sister bakes cookies with chocolate chips.
eggs	huevos	My husband hates eating eggs for breakfast.
fast food	comida rápida	There is a fast food restaurant across from the USBI library.
fish	pescado	I sometimes eat fish for dinner.
French fries	papas a la francesa	My son loves eating French fries .
fruit	fruta	Try to eat fruit everyday.



CENTRO DE AUTOACCESO-USBI VERACRUZ

hamburger	hamburguesa	Let's eat a <i>hamburger</i> for lunch.
jam	mermelada	I want to eat a <i>jam</i> and cheese sandwich for breakfast.
jelly	gelatina	Would you like a toast with some strawberry <i>jelly</i> ?
junk food	comida chatarra	Do not eat <i>junk food</i> . it is bad for you.
meat	carne	My favorite kind of meat is chicken.
Mexican food	comida mexicana	I really like <i>Mexican</i> food.
oranges	naranjas	<i>Oranges</i> are good for you.
pasta	pasta	I do not like to eat pasta very much.
pizza	pizza	Martha likes to eat <i>pizza</i> for lunch.
potato	papa	I want to eat the chicken fillet with a <i>potato</i> salad, please.
chips	Papas fritas	At the movies, I like to eat <i>chips</i> and a soda.
rice	arroz	I love to eat <i>rice</i> with beans for lunch.
salad	ensalada	I prefer a green <i>salad</i> , please.
sandwiches	emparedados	Can I have two ham <i>sandwiches</i> and two cups of coffee, please?
sea food	mariscos	I really like <i>sea food</i> .
spaghetti	spaguetti	My favorite dish is <i>spaghetti</i> with meat balls.
vegetables	vegetales	Eat some <i>vegetables</i> every day.
yogurt	yogurt	Do you like <i>yogurt</i> with fruit for breakfast?
<i>Beverages</i> <i>Bebidas</i>		
a drink	una bebida	I need <i>a drink</i> . I am very thirsty.



CENTRO DE AUTOACCESO-USBI VERACRUZ

beer	cerveza	My friend always drinks a beer at parties.
bottled / mineral water	agua embotellada / mineral	When it is very hot, I drink mineral water .
coffee	café	Let's have some coffee at the cafeteria.
juice	jugo	Do you drink orange juice in the morning?
lemonade	limonada	For a lemonade , you need some lemon juice and some water.
orangeade	naranjada	For an orangeade , you need water, orange and lemon juice.
milk	leche	In winter, I like to drink hot milk with chocolate.
milkshake	malteada	My daughter always drinks a chocolate milkshake .
soda	refresco	Do not drink soda if you have gastritis.
tea	té	For the flu, drink some herbal tea .
wine	vino	I sometimes drink some wine in parties.

Frequency adverbs

Adverbios de Frecuencia

Always	Siempre	I always take a shower in the morning.
Sometimes	A veces	Sometimes I go to the movies on weekends. I sometimes go to the movies on weekends.
Never	Nunca	I never drink coffee before going to bed.
Often	A menudo	I often clean my house.
Usually	Usualmente / Normalmente / Generalmente	Usually I walk my dog in the park. I usually walk my dog in the park.



Adverbial phrases
Frases adverbiales

<p>Once / twice a:</p> <ul style="list-style-type: none"> • Day • Month • Year 	<p>Una / dos veces al:</p> <ul style="list-style-type: none"> • Día • Mes • Año 	<p>My mother goes to the supermarket once a week.</p> <p>Mexican people celebrate Independence day on September 14th.</p> <p>August is the month when it rains a lot in Veracruz.</p> <p>My family and I go on vacation once a year.</p>
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Interrogative words
Palabras Interrogativas

What	Qué	What's your last name? It's <u>Rivadenevra</u> .
Where	Dónde	Where are you from? I'm from <u>Poza Rica</u> .
When	Cuándo	When is your birthday? It's on <u>November 12th</u> .
Who	Quién	Who is your best friend? My best friend is <u>Peter</u> .
Why	Por qué	Why are you living in Veracruz? <u>Because I am studying civil engineering at the University of Veracruz.</u>
How	Cómo	How do you go to school? <u>By bus.</u>

Sequence Connectors
Conectores de secuencia

First,	Primero	First, I get up at 5:00 am.
Then,	Entonces	Then, I have breakfast.
After,	Después,	After, I take the bus to school.
After that,	Despues de eso,	After that, I start classes at 8:00 am.
Next,	Próximo, siguiente	Next, I have breakfast at the cafeteria.
Finally,	Finalmente	Finally, I finish classes at 2:00 pm.



<p style="text-align: center;">Time Expressions <i>Expresiones de tiempo</i></p>		
early	Temprano	I always get up early on weekdays.
late	Tarde	On weekends, I get up late .
on time	A tiempo	My students are always on time .
all day	Todo el día	I am at school all day .
every... <ul style="list-style-type: none"> • hour • day • week • month • year • morning • afternoon • evening • night 	Cada... <ul style="list-style-type: none"> • Hora • Día • Semana • Mes • Año • Mañana • Tarde • Tarde-noche • Noche 	Every hour I have a different class. He lifts weight every day . My friend writes an e-mail to me every week . Every month I give my students a new task. Every morning I go running at the park. Every night I go to bed early.
at... <ul style="list-style-type: none"> • night • noon • midnight • ____ o'clock • the weekend 	<ul style="list-style-type: none"> • En la noche • Al mediodía • A medianoche • ____ en punto • El fin de semana 	I usually watch the news at night . At noon , I have a sandwich for lunch. Why are you drinking coffee at midnight ? I usually take a shower at 7 o'clock in the morning. I go to the beach at the weekend .
in... <ul style="list-style-type: none"> • the morning • the afternoon • the evening 	<ul style="list-style-type: none"> • En la mañana • Después de mediodía • En la tarde 	In the morning , I attend my classes. In the afternoon , I do my homework. In the evening , I do exercise at the gym.
on the... <ul style="list-style-type: none"> • weekend • weekends • weekdays 	<ul style="list-style-type: none"> • El fin de semana • Los fines de semana • Entre semana 	My friends and I go to the movies on the weekend . On the weekends , I like to watch movies at home. On weekdays , I take my classes and do my homework.