

Diet alters rodent fecal pellet size: implications for paleoecological and demographic studies using fecal dimensions

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Measurements of fecal pellet size can provide important information about wild mammals, such as body size and demographic information. Previous studies have not rigorously tested whether diet can confound these measurements. Furthermore, it is unknown whether diet might alter fecal dimensions directly or through changes in animal physiology. Here, we studied three closely related rodent species that differ in natural feeding strategies. Individuals were fed diets that varied in protein and fiber content for 5 weeks. We then measured body size, fecal widths and lengths, and the radius of the large intestine. Diet composition significantly changed fecal widths in all species. High-fiber content significantly increased fecal widths and would cause overestimations of body size if applied to wild feces. Using path analysis, we found that fiber can increase fecal widths both directly and indirectly through increasing the large intestine radius. Protein affected each species differently, suggesting that protein effects vary by species feeding strategy and existing physiology. Overall, diet and large intestine morphology can alter fecal pellet measurements. Studies using fecal measurements therefore must consider these effects in their conclusions.

Key words: fecal dimensions, fiber, paleoecology, noninvasive measures

The ability to ascertain information about mammals without direct observation is a powerful method in the field of mammalogy. For example, fecal pellets can provide a great deal of information about animal species and commonly are used to track population densities and habitat use (Collins and Urness 1981; Berg and Gese 2010). Similarly, fecal pellets can be used to identify age and sex classes in a diversity of species including lagomorphs, elephants, ruminants, and marsupials (MacCracken and Ballenberge 1987; Reilly 2002; Sanchez-Rojas et al. 2004; Southgate 2005; Delibes-Mateos et al. 2009; Rouco et al. 2012; Woodruff et al. 2016). Furthermore, fecal dimensions have been used to estimate changes in rodent body size over geologic time (Smith et al. 1995). However, physiological and environmental factors might influence the size of fecal pellets that animals produce, which may limit our ability to use such measurements to draw conclusions about the physiological state or size of the animal. Understanding how these factors influence fecal pellet size therefore contributes to validating their use for certain research purposes.

Diet is a somewhat unexplored factor in determining fecal pellet size. Prior research has considered diet as a confounding variable in using fecal measurements to predict body size, but the test used to determine dietary effects was limited in that diet was not actually modified (Smith et al. 1995). In addition, one study experimentally investigated whether high-fiber diets can alter the fecal pellet sizes of rodents and found that high-fiber increases the length of fecal pellets, but not the pellet width, which is a more commonly used measurement to estimate body size (Hallett and Wigand 2001). However, animals in that study only were fed different diets for 2 days, which may not have been long enough to induce changes in fecal widths. Moreover, other aspects of dietary composition, such as protein content, also could affect fecal pellet size still is not well understood.

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Several mechanisms could yield diet-related changes in fecal size. First, fiber material is difficult to digest, and thus a large portion of ingested fiber ends up being defecated undigested by the animal, resulting in increased fecal output (Bozinovic 1995). Many species prioritize protein in their diets, so protein levels can dictate total food intake (Post 1993) and possibly total fecal production. In addition, it may make intuitive sense that the size of fecal pellets could partially be dictated by the size of digestive organs, such as the large intestine. The gut is a highly dynamic organ (Yang et al. 2021), and various gut regions can physiologically respond to dietary variation by changing in size and dimension. For example, rodent guts can increase in size and mass to accommodate high-fiber diets (Gross et al. 1985; Green and Millar 1987; Del Valle et al. 2006). High-protein diets also could affect animal physiology. While previous studies in rodents have not demonstrated changes in intestinal morphology as a result of dietary protein (Sabat and Bozinovic 2000; Wang et al. 2019), low protein has been shown to increase gut length in fish (Yang et al. 2002). Overall, it is possible that diet composition could affect the dimensions of fecal pellets both directly and indirectly through the effects on gut morphology.

In this study, we tested whether diet composition alters the dimensions of fecal pellets. We focused on three rodent species with different natural feeding strategies: herbivorous montane voles (Microtus montanus), omnivorous white-footed mice (Peromyscus leucopus), and insectivorous southern grasshopper mice (Onychomys torridus); basic information about each species, including natural diet composition and habitat, is provided in Table 1. Individuals of each species were fed diets varying in protein and fiber content for 5 weeks. At the end of the trial, we measured body size and fecal pellet width and length for each individual. Animals then were dissected, and we measured the dimensions of the large intestine. We hypothesized that dietary composition would alter the relationship between body mass and fecal pellet width, perhaps by altering the radius of the large intestine. We use structural equation modeling to understand the relationships between these variables and compare the relative effects of diet, large intestine morphology, and body size, in determining fecal pellet widths.

MATERIALS AND METHODS

Wild O. torridus were collected from field sites near Animas, Hidalgo Co., New Mexico (31.813436, -108.813772); P. leucopus near Murray, Calloway Co., Kentucky (36.686582, -88.221204); and M. montanus near Timpie Springs Waterfowl Management Area, Dugway, Tooele Co., Utah (40.753708, -112.639903). Forty individuals of each species were collected using baited Sherman live traps under the following state permits: O. torridus (New Mexico Department of Game and Fish, #3562); P. leucopus (Kentucky Dept. of Fish and Wildlife, SC1911097); and M. montanus (UT Division of Wildlife Resources, 1COLL5194-2). Animals were housed in captivity singly and randomly assigned to one of four isocaloric diet treatments that varied in protein and carbohydrate content

Table 1.—Informat	Table 1.—Information about rodent species used in the study	used in the study			
Species	Total length	Mean body mass	Distribution and habitat	Diet	References
Onychomys torridus	120–163 mm; tail usually more than half of body length	25 g	Hot, low, arid, scrub vegetation of in the Lower Sonoran Desert	Feed almost exclusively on animal material, primarily arthropods (scorpions, othopterans)	McCarty (1975), Stapp (1999)
Peromyscus leucopus	130–205 mm; tail usually 45–100 mm	Range from 22–25 g.	Warm, dry forests and brushlands throughout most of the eastern United States	43% seeds 30% insects 25% vegetation 2% other	Lackey et al. (1985), Fleming and Rauscher (1978)
Microtus montanus	140–220 mm; tail usually 24–69 mm	Range from 37.3–85.0 g.	Dry grasslands and agricultural lands in montane and intermontane areas of the western United States	85% leaves and forbs 9% grasses 6% other	Sera and Early (2003)

(see Supplementary Data SD1). Animals were maintained on experimental diets for a period of 5 weeks prior to dissections under Institutional Animal Care and Use Committee (IACUC) protocols registered at Northern Arizona University (#15-014 and #16-001 to B. Pasch), Murray State University (2018–026 to T. Derting), and the University of Utah (16-02011 to M. D. Dearing). All research protocols followed the guidelines of the American Society of Mammalogists (Sikes et al. 2016). We used ground diets to prevent animals from sorting and selective foraging. However, we did not analyze leftover food and therefore cannot fully exclude the fact that animals may have still been able to do some selective foraging, and thus may have consumed slightly different diets than what were offered (Justice and Smith 1992).

After at least 5 weeks on experimental diets, animals were euthanized with an overdose of isoflurane. This feeding trial is part of a larger study to investigate phenotypic flexibility of digestive organs and the microbiome. During dissections, the large intestine was removed, cut open longitudinally, and opened flat on a metal tray with ice underneath. We used digital calipers to take four to eight measurements of the width of this tissue (essentially the circumference of the large intestine). These values were averaged and used to calculate the radius of the large intestine.

During the feeding trial, cages and bedding were changed weekly; thus, fecal pellets present at the end of the experiment were excreted during the last week of the trial. Fecal pellets were collected and dried overnight at 40°C. We randomly chose 80 fecal pellets to be measured per individual. The length and width of the fecal pellets were determined using electronic calipers that measured to two significant digits. The average length and width were calculated for each individual using the 16 largest (20%) pellets. We then carried out an analysis of covariance (ANCOVA) for each species, with fecal width as the dependent variable, fiber and protein as independent variables, and either body mass (g) or body length (measured as nose-to-anus, in mm) as covariates. We compare least-square mean values of fecal dimensions across treatment groups to evaluate the effect size of dietary treatments. We define statistical significance as $P \le 0.05$. We undertook similar analyses for fecal length.

Next, we predicted the error that dietary fiber could introduce to estimates of body size. We used the regression lines between body size and fecal width for these purposes because this measurement is used most widely in the literature. First, we calculated average body mass for a given species and used the regression line to calculate the fecal width measurement for animals if they were feeding on the high-protein/high-fiber diet as expected for a typical diet in nature. This fecal width measurement then was used to solve for "Body Mass" using the regression line determined for the high-protein/low-fiber diet group as expected for a laboratory-based diet. The difference in predicted body mass then was calculated for each species by comparing these two regression lines.

Finally, we carried out a path analysis, a form of structural equation modeling that allows the identification of potential and existing relationships among measured variables. The lavaan package (version 0.5–6) in RStudio (version 1.2.5001) was used to estimate and predict relationships between our observed variables (Rosseel 2012). We developed one full path model that then was compared and examined with numerous a priori proposed models, each unique and missing particular variables (see Supplementary Data SD2). We ranked models using the Akaike information criterion and used it together with R^2 , root mean square error of approximation, and standardized root mean residual values to determine the strongest model supported by our data. We used standardized coefficients, which standardize the variation of each variable to equal 1, to then compare the relative effects of each variable (body size, diet, etc.).

RESULTS

For all species, the positive relationship between body length and body mass was statistically significant and strong ($R^2 > 0.6$ for all groups). In montane voles, we found a significant effect of protein on body mass: animals fed the high-protein diets were 6.3% smaller than animals fed the low-protein diets (using least-square means based on body length). When controlling for body length, neither fiber nor protein had significant effects on body masses of white-footed mice or grasshopper mice.

First, we tested whether fecal dimensions (pellet length and width) were correlated with aspects of body size (body mass and body length). Measurements of fecal pellet width increased with increasing body length, although this relationship was not statistically significant for all species (Table 2; Fig. 1). In all species, fecal pellet width increased significantly with increasing body mass (Table 2; Fig. 1). However, fecal pellet length was not as informative for aspects of animal body mass and length. In montane voles, fecal pellet length was significantly correlated with body length (P = 0.025) and body mass (P = 0.01), but there were no significant correlations of fecal pellet length and body size in white-footed mice or grasshopper mice. These results are consistent with previous studies that report fecal pellet width as a better predictor of body size than fecal pellet length (Smith et al. 1995). We therefore focus on fecal pellet width data in the remaining text, and data regarding fecal pellet length can be found in Supplementary Data SD3.

We found that diet composition significantly altered the measurements of fecal pellet width of all three species. Fiber had the largest effects on fecal pellet widths (Table 2; Fig. 1). Using least-square means to control for body mass, the high-fiber diets yielded 14.6%, 17.0%, and 24.7% increases in fecal width in voles, white-footed mice, and grasshopper mice, respectively. Protein levels also influenced fecal measurements, although with contrasting effects across species (Table 2; Fig. 1). Voles fed high-protein diets produced feces that were 6.2% wider than those fed low-protein \times fiber interaction for fecal width measurements, such that high-protein diets decreased fecal width by 10.6% when animals were on low-fiber diets but caused minimal change (<1%)

	Montane vole			White-footed mouse			Grasshopper mouse		
	F	d.f.	Р	F	d.f.	Р	F	d.f.	Р
Body length									
Body length	5.28	1,35	0.028	3.18	1,35	0.083	6.70	1,33	0.014
Protein	2.99	1,35	0.093	2.47	1,35	0.13	5.32	1,33	0.028
Fiber	20.05	1,35	< 0.0001	28.82	1,35	< 0.0001	82.49	1,33	< 0.0001
Protein × fiber	0.04	1,35	0.84	2.74	1,35	0.11	2.30	1,33	0.14
Body mass									
Body mass	4.47	1,35	0.041	4.85	1,35	0.034	6.29	1,33	0.017
Protein	4.16	1,35	0.049	3.03	1,35	0.09	3.90	1,33	0.056
Fiber	21.77	1,35	< 0.0001	32.82	1,35	< 0.0001	81.67	1,33	< 0.0001
Protein × fiber	0.25	1,35	0.62	4.41	1,35	0.043	2.76	1,33	0.11

Table 2.—Results of analysis of covariance (ANCOVA) of fecal pellet widths of three rodent species based on diet composition and body size

diets. In grasshopper mice, high-protein diets decreased fecal width by 4.6%.

Next, we calculated examples of errors that dietary fiber might introduce into predicting animal body size. For example, in montane voles, the average experimental body mass (45.18 g) would be predicted to produce feces with a width of 2.04 mm when on the high-protein/high-fiber diet. However, if researchers used the regression line developed for the highprotein/low-fiber diet, animals producing feces with a width of 2.04 mm would be predicted to have a body mass of 61.06 g or 1.35× larger. When this same method was applied to white-footed mice and grasshopper mice, the predicted body masses were 3.88× and 2.43× larger, respectively. Using similar methods, we estimate that if researchers were to use regression equations based on animals feeding on low-fiber diets, but the actual feces were collected from animals feeding on high-fiber diets, the body length of animals would be overestimated by factors of 1.09, 2.78, and 1.39 for montane voles, white-footed mice, and grasshopper mice, respectively.

Finally, while it might seem intuitive that the size of fecal pellets could be partially dictated by the size of digestive organs, such as the large intestine radius, this never has been demonstrated. Using path analysis, we found a consistent best-supported model across all three rodent species (see Supplementary Data SD2 for results of all models compared). In the best-supported model, factors of diet composition (high/ low-fiber and -protein combinations) were included as exogenous binary variables, large intestine radius was a mediator variable, and body mass was a secondary exogenous variable. Body mass, the variable largely estimated using fecal pellet widths in paleoecology studies, exhibited a statistically significant relationship with fecal width in the grasshopper mouse, but not the other rodent species (Fig. 2; Table 3). Rather, we found that fiber had the largest standardized effects in driving fecal width across all species. Fiber intake can lead directly to changes in fecal pellet width, and at the same time, it can indirectly affect fecal pellet width by altering the radius of the large intestine (Fig. 2; Table 3). The large intestine radius showed strong and significant associations with fecal pellet widths in herbivorous montane voles and insectivorous grasshopper mice, although this relationship was not statistically significant in omnivorous white-footed mice (Table 3). Diets with high-protein content generally resulted in smaller fecal pellet widths, although this result was only statistically significant in the white-footed mouse (Table 3). Overall, results from our path analysis suggest that diet composition can alter animals' fecal pellet width both directly and indirectly by increases in large intestine radius, and that these effects are stronger than the effect of body mass.

DISCUSSION

Here, we tested whether dietary variation influences the size of rodent fecal pellets, as such effects could have numerous implications for studies on wild mammals. Overall, we found that fecal sizes predicted animal body size because both body lengths and masses typically were positively and significantly correlated with fecal width. However, diet also had a significant impact on these relationships. We found that high-fiber diets yielded significantly wider feces across all three rodent species studied. High-protein diets affected each species differently, such that they increased fecal widths of montane voles, but decreased fecal widths in grasshopper mice. Results from structural equation modeling reveal that diet strongly affects fecal width, both directly and indirectly by modifications to morphology of the large intestine. It should be noted that in the wild, O. torridus are unlikely to eat the high amounts of fiber used in our experimental diets because they primarily consume animal material. However, P. leucopus and M. montanus are more likely to encounter high amounts of fiber in their natural diets of seeds and vegetation, so the experimental diets are more ecologically relevant for them (Table 1). Nevertheless, our results remained consistent across all species. Below, we discuss potential mechanisms of these changes and the implications our results have for studies that estimate mammalian body size for paleoecological or demographic studies.

Dietary fiber had the largest impact on fecal dimensions. Fiber may directly increase fecal matter size by changing diet digestibility and the total amount of feces produced. For example, herbivorous common degus (*Octodon degus*) fed high-fiber diets for 27 weeks produced significantly more feces and had lower apparent digestibility of dry matter and protein (Veloso and Bozinovic 1993). Likewise, gerbils fed high-fiber diets for 2 weeks had lower apparent digestibility of dry matter and fiber (Pei et al. 2001a). Thus, the relationship between diet and fecal width could be explained

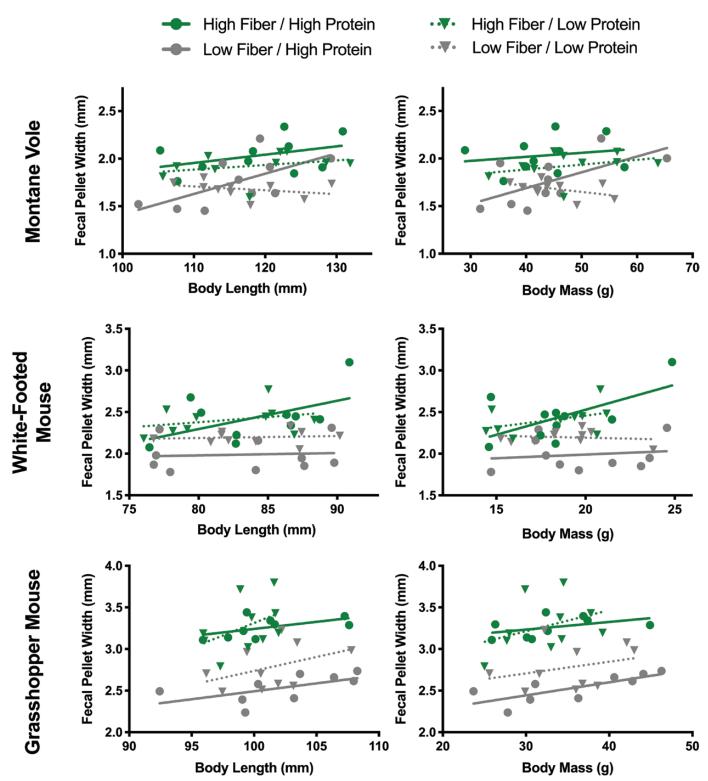


Fig. 1.—Effects of diet and body size on fecal pellet widths produced by three rodent species. Each point represents an individual animal. Lines depict linear regressions, which were conducted independently for each group. N = 8-10 animals per group. Results from statistical analyses can be found in Table 2.

by decreased digestibility causing increased fecal output (Bozinovic 1995). Dietary fiber also can indirectly alter fecal dimensions by affecting large intestine morphology. In our study, fiber significantly increased large intestine radii of all three rodent species. These results are somewhat

consistent with previous research on laboratory rats and wild caught Brandt's voles. While large intestinal radii or circumferences were not measured, rats fed high-fiber pectin diets for 4 weeks exhibited significant lengthening of the small and large intestines, and rats fed high-cellulose diets exhibited significant lengthening of the colon (Stark et al. 1996). Likewise, Brandt's voles fed high-fiber diets for 14 days showed significant increases in the total length and mass of the gut, specifically in the cecum, proximal colon, and distal colon (Pei et al. 2001b). While we were unable to track changes in fecal size over time, it would be useful to differentiate the immediate and direct effects of fiber from the indirect effects of large intestine morphology on fecal size, which may develop over time. Nonetheless, the best-supported path analysis from our study suggests that an increase in large intestine radius could lead to an increase in fecal width. Overall, dietary fiber modifies diet digestibility, fecal production, and large intestine morphology, thus resulting in changes in fecal dimensions.

The effects of protein on fecal production and gut morphology were not as strong or consistent as the effects of fiber. Our data suggest that protein also can change fecal widths both directly

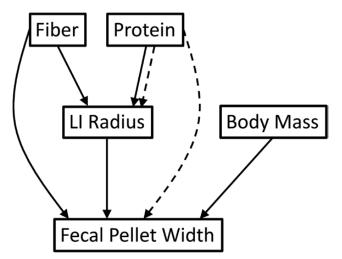


Fig. 2.—Diet directly and indirectly alters fecal pellet widths. All three rodent species independently exhibited the same structural equation model as being best supported based on Akaike information criterion, R^2 , root mean square error of approximation, and standardized root mean residual. See Table 2 for statistics. Solid lines depict relationships that are positive, while dashed lines depict relationships that are negative. Both solid and dashed lines are shown between Protein and LI radius because this relationship is positive in montane voles, but negative in white-footed mice and grasshopper mice (see Table 3).

and indirectly by altering the radius of the large intestine. However, rodent species responded to protein levels differently, such that high protein increased fecal widths of montane voles, decreased fecal widths of grasshopper mice, and there was a significant protein \times fiber interaction in white-footed mice. The effects of protein therefore may vary by species-specific feeding strategy and physiology. Low-protein diets have been shown to cause histomorphological changes in the intestines of lab rats, such as shortened colonic crypts and wall atrophy of the jejunum (Franco et al. 2010; Eyzaguirre-Velásquez et al. 2017). Furthermore, high-protein levels affect large intestinal gene expression of rats (Mu et al. 2016; Beaumont et al. 2017). Thus, it is reasonable that a high-protein diet also would induce changes in gut morphology, with resultant changes in fecal dimensions. Notably, lipid content was held constant in our experimental diets, so we could not test the potential effects of dietary lipids on fecal dimensions. However, recent work demonstrated that white-footed mice fed a high-lipid diet did not exhibit significant changes in body mass or small intestine mass and length (Wang et al. 2019). Future studies could investigate whether dietary lipids alter the dimensions of fecal pellets.

Our results run counter to previous studies that conclude there are minimal impacts from diet on fecal pellet widths. One study concluded that diet did not impact fecal width by collecting feces from several woodrat species (*Neotoma* spp.) from a variety of habitats across seasons and comparing predicted body masses to actual body masses. This technique revealed a prediction error of 21% and concluded that diet did not influence the ca. 20-50% changes in body mass estimated to occur between the last glacial maximum and the mid-Holocene (Smith et al. 1995). Another experiment fed woodrats high-fiber diets for a period of 2 days and did not observe any increases in fecal pellet width (Hallett and Wigand 2001). However, given the results of our structural equation modeling, it appears that fiber may alter fecal pellet width by altering the dimensions of the large intestine, which may take longer than 2 days to respond. Lastly, it should be noted that previous studies have found higher error rates for smaller juvenile animals (woodrats below 80 g; Smith et al. 1995), and the rodent species in our study all are considerably smaller than woodrats. Given the rather consistent results of our path analysis across three species with distinct feeding strategies, we predict that these alterations to

Table 3.—Statistics and standardized coefficients (Std.all) for diet, large intestine radius, and body mass in determining average fecal pellet widths

	Montane vole		White-foo	oted mouse	Grasshopper mouse		
	P-value	Std.all	P-value	Std.all	P-value	Std.all	
Fecal pellet width							
Fiber	0.016	0.230	< 0.001	0.567	< 0.001	0.766	
Protein	0.196	-0.102	0.035	-0.250	0.080	-0.146	
LI radius	< 0.001	0.719	0.512	0.099	0.011	0.225	
Body mass	0.078	0.135	0.938	0.009	0.004	0.244	
LI radius							
Fiber	< 0.001	0.594	< 0.001	0.624	0.018	0.354	
Protein	0.086	0.211	0.159	-0.170	0.293	-0.157	

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Standardized coefficients allow the relative effects of variables to be compared. Models and statistics were determined separately for each rodent species.

fecal dimensions also would occur in larger species, although this remains to be tested. Overall, our study shows that diet, especially fiber content, can alter fecal pellet widths, and perhaps lead to drastic overestimations in body size. It is notable that diet treatments in our study resulted in prediction errors of 35–300% depending on the species, which are larger than prediction errors reported in previous studies (Smith et al. 1995).

While our experiments were carried out under controlled laboratory conditions, natural variation both in habitat and in physiology could affect fecal pellet dimensions. For instance, if diet composition significantly changes by season, fecal pellets could greatly change in size. Seasonal changes in diet and environment can significantly affect gut size and digestibility in muskrats and field mice (Campbell and MacArthur 1996; Wang et al. 2009). Furthermore, measures of fecal nitrogen from deer varied seasonally and annually (Kucera 1997) and may translate to changes in fecal dimensions. In addition, factors such as pregnancy (Sensoy and Öznurlu 2019) and temperature (Hammond and Wunder 1995) can impact the dimensions of the gastrointestinal tract. Cold temperatures caused voles to increase food intake, which could cause downstream effects on fecal production (Song and Wang 2006). Furthermore, dietary strategies across mammalian phylogeny can evolve and transition, with herbivory most commonly transitioning to omnivory (Price et al. 2012). Moreover, the rapid evolution of dietary strategies often is associated with evolutionary changes in morphology (Herrel et al. 2008). These physiological and evolved adaptations might also change the size and total amount of feces produced, and so may need to be considered in studies that rely on fecal size analyses.

This is not to say that the use of fecal pellet dimensions is invalid for scientific studies. Fecal pellet analyses offer interesting and validated opportunities, such as understanding the paleoecological evolution of body size (Smith et al. 1995) or the ability to ascertain demographic information of mammalian populations (MacCracken and Ballenberge 1987). Our consistent findings across rodent species with distinct feeding ecologies suggest that diet and large intestinal morphology do have the potential to alter fecal dimensions to the extent that body size could be significantly over or under estimated depending on the directionality of the dietary shift. Studies using fecal dimensions to garner information about animals therefore should interpret their data with caution in light of the potentially confounding effects of diet.

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SUPPLEMENTARY MATERIALS

Supplementary data are available at *Journal of Mammalogy* online.

Supplementary Data SD1.—Composition of experimental diets (g/kg).

Supplementary Data SD2.—Models compared using structural equation modeling (SEM). Fit statistics for each model and each species are presented in the table.

Supplementary Data SD3.—Data and statistics comparing fecal pellet lengths across diet treatments for three species of rodents.

LITERATURE CITED

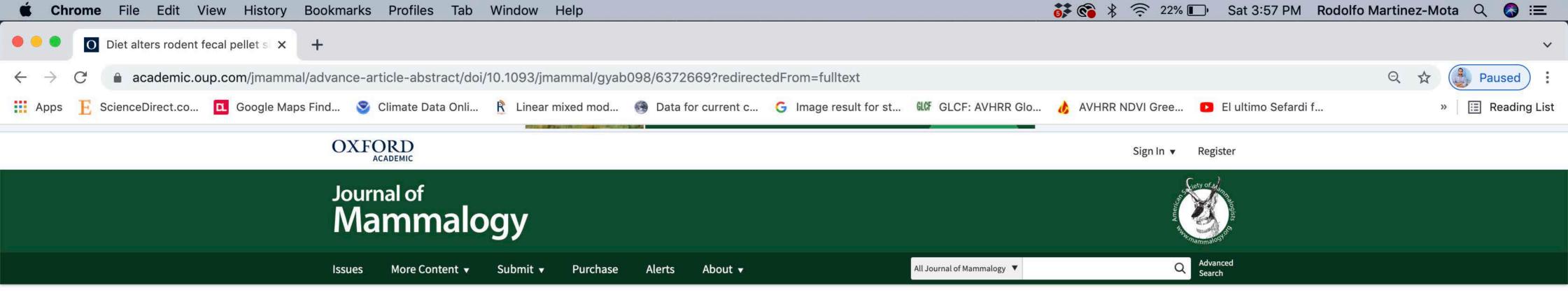
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Diet alters rodent fecal pellet size: implications for paleoecological and demographic studies using fecal dimensions

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Abstract

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Measurements of fecal pellet size can provide important information about wild mammals, such as body size and demographic information. Previous studies have not rigorously tested whether diet can confound these measurements. Furthermore, it is unknown whether diet might alter fecal dimensions directly or through changes in animal physiology. Here, we studied three closely related rodent species that differ in natural feeding strategies. Individuals were fed diets that varied in protein and fiber content for 5 weeks. We then measured body size, fecal widths and lengths, and the radius of the large intestine. Diet composition significantly changed fecal widths in all species. High-fiber content significantly increased fecal widths and would cause overestimations of body size if applied to wild feces. Using path analysis, we found that fiber can increase fecal widths both directly and indirectly through increasing the large intestine radius. Protein affected each species differently, suggesting that protein effects vary by species feeding strategy and existing physiology. Overall, diet and large intestine morphology can alter fecal pellet measurements. Studies using fecal measurements therefore must consider these effects in their conclusions.

Keywords: fecal dimensions, fiber, paleoecology, noninvasive measures FEATURE ADTICL



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Diet alters rodent fecal pellet size: implications for paleoecological and demographic studies using fecal dimensions

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2	studies using fecal dimensions
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15	Key words: Fecal Dimensions, Fiber, Paleoecology, Noninvasive Measures
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Diet alters rodent fecal pellet size

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pellet measurements. Therefore, studies using fecal measurements must consider these effects in
their conclusions.

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47 The ability to ascertain information about mammals without direct observation is a powerful method in the field of mammalogy. For example, fecal pellets can provide a great deal 48 of information about animal species and are commonly used to track population densities and 49 50 habitat use (Collins & Urness 1981; Berg & Gese 2010). Similarly, fecal pellets can be used to identify age and sex classes in a diversity of species including lagomorphs, elephants, ruminants, 51 52 and marsupials (MacCracken & Ballenberge 1987; Reilly 2002; Sanchez-Rojas et al. 2004; Southgate 2005; Delibes-Mateos et al. 2009; Rouco et al. 2012; Woodruff et al. 2016). Further, 53 fecal dimensions have been used to estimate changes in rodent body size over geologic time 54 55 (Smith et al. 1995). However, physiological and environmental factors might influence the size 56 of fecal pellets that animals produce, which may limit our ability to use such measurements to draw conclusions about the physiological state or size of the animal. Thus, understanding how 57 58 these factors influence fecal pellet size is crucial to understanding the validity of their use. 59 Diet is a somewhat unexplored factor in determining fecal pellet size. Prior research has considered diet as a confounding variable in using fecal measurements to predict body size, but 60 61 the test used to determine dietary effects was limited in that diet was not actually modified (Smith et al. 1995). Additionally, one study experimentally investigated whether high fiber diets 62 can alter the fecal pellet sizes of rodents and found that high fiber increases the length of fecal 63 pellets, but not the pellet width, which is a more commonly used measurement to estimate body 64 size (Hallett & Wigand 2001). However, these animals were only fed different diets for 2 days 65 66 (Hallett & Wigand 2001), which may not have been long enough to induce changes in fecal widths. Moreover, other aspects of dietary composition, such as protein content, could affect 67 fecal pellet size. Overall, the relationship between diet and fecal pellet size is not well 68 69 understood.

Diet alters rodent fecal pellet size

Several mechanisms could yield diet-related changes in fecal size. First, fiber material is 70 difficult to digest, and thus a large portion of ingested fiber ends up being defecated by the 71 72 animal undigested, resulting in increased fecal output (Bozinovic 1995). Many species prioritize 73 protein in their diets, so protein levels can dictate total food intake (Post 1993) and possibly total fecal production. Additionally, it may make intuitive sense that the size of fecal pellets could be 74 partially dictated by the size of digestive organs, such as the large intestine. The gut is a highly 75 76 dynamic organ, and various gut regions can physiologically respond to dietary variation by changing in size and dimension. For example, rodent guts can increase in size and mass to 77 78 accommodate high fiber diets (Gross et al. 1985; Green & Millar 1987; Valle et al. 2006). High protein diets could also affect animal physiology. While previous studies in rodents have not 79 demonstrated changes in intestinal morphology as a result of dietary protein (Sabat & Bozinovic 80 81 2000; Wang et al. 2019), low protein has been shown to increase gut length in fish (Yang et al. 2002). Overall, it is possible that diet composition could affect the dimensions of fecal pellets 82 both directly and through the effects on gut morphology. 83 84 In this study, we tested whether diet composition alters the dimensions of fecal pellets. We focused on three rodent species with different natural feeding strategies: herbivorous 85 montane voles (Microtus montanus), omnivorous white-footed mice (Peromyscus leucopus), and 86 insectivorous southern grasshopper mice (Onychomys torridus). See Table 1 for information 87 about each species, including natural diet composition and habitat. Individuals of each species 88 89 were fed diets varying in protein and fiber content for five weeks. At the end of the trial, we

90 measured body size and fecal pellet width and length for each individual. Animals were then

91 dissected, and we measured the dimensions of the large intestine. We hypothesized that dietary

92 composition would alter the relationship between body mass and fecal pellet width, perhaps

Diet alters	rodent feca	l pellet size
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- 93 through altering the radius of the large intestine. We use structural equation modeling to
- 94 understand the relationships between these variables and compare the relative effects of diet,
- 95 large intestine morphology, and body size in determining fecal pellet widths.
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MATERIALS AND METHODS

Wild Onychomys torridus were collected from field sites near Animas, Hidalgo Co., NM 98 99 (31.813436, -108.813772), Peromyscus leucopus near Murray, Calloway Co., KY (36.686582, -100 88.221204), and *Microtus montanus* near Timpie Springs Waterfowl Management Area, Dugway, 101 Tooele Co., UT (40.753708, -112.639903). Forty individuals of each species were collected using 102 baited Sherman live traps under the following state permits: O. torridus (New Mexico Department 103 of Game and Fish, #3562), P. leucopus (KY Dept. of Fish and Wildlife, SC1911097), and M. 104 montanus (UT Division of Wildlife Resources, 1COLL5194-2). Animals were singly housed in captivity and randomly assigned to one of four possible isocaloric diet treatments that varied in 105 106 protein and carbohydrate content (see supplemental data). Animals were maintained on 107 experimental diets for a period of 5 weeks prior to dissections under Institutional Animal Care and Use Committee (IACUC) protocols registered at Northern Arizona University (#15-014 and #16-108 001 to B. Pasch), Murray State University (2018-026 to T. Derting), and the University of Utah 109 110 (16-02011 to M.D. Dearing). All research protocols followed the American Society for 111 Mammalogists guidelines (Sikes et al. 2016). We used ground diets to prevent animals from 112 sorting and selective foraging. However, we did not analyze left over food and therefore cannot fully exclude the fact that animals may have still been able to do some selective foraging, and thus 113 114 may have consumed slightly different diets than what were offered (Justice & Smith 1992).

Diet alters rodent fecal pellet size

After at least 5 weeks on experimental diets, animals were euthanized with an overdose of isoflurane. This feeding trial is part of a larger study to investigate phenotypic flexibility of digestive organs and the microbiome. During dissections, the large intestine was removed, cut open longitudinally and opened flat on a metal tray with ice underneath. We used digital calipers to take 4-8 measurements of the width of this tissue (essentially the circumference of the large intestine). These values were averaged and used to calculate the radius of the large intestine.

121 During the feeding trial, cages and bedding were changed weekly, and so the fecal pellets 122 present at the end of the experiment were excreted during the last week of the trial. Fecal pellets 123 were collected and dried overnight at 40 °C. We randomly chose 80 fecal pellets to be measured per individual. The length and width of the fecal pellets were determined using electronic 124 125 calipers that measured to the hundredths place. The average length and width were calculated for each individual using the 16 largest (20%) pellets. We then conducted analysis of covariance 126 (ANCOVA) for each species, with fecal width as the dependent variable, fiber and protein as 127 128 independent variables, and either body mass (g) or body length (measured nose-to-anus; mm) as covariates. We compare least-square mean values of fecal dimensions across treatment groups to 129 evaluate the effect size of dietary treatments. We define statistical significance as $P \le 0.05$. We 130 131 conducted similar analyses for fecal length.

Next, we predicted the error that dietary fiber could introduce to estimates of body size.
We used the regression lines between body size and fecal width for these purposes, as this
measurement is most widely used in the literature. First, we calculated average body mass for a
given species and used the regression line to calculate the fecal width measurement for animals if
they were feeding on the high protein / high fiber diet as expected for a typical diet in nature.
This fecal width measurement was then used to solve for "Body Mass" using the regression line

determined for the high protein / low fiber diet group as expected for a laboratory-based diet.

139 The difference in predicted body mass was then calculated for each species by comparing these140 two regression lines.

Finally, we conducted path analysis, one form of structural equation modeling (SEM) that 141 allows the identification of potential and existing relationships among measured variables. The 142 143 lavaan package (version 0.5-6) in RStudio (version 1.2.5001) was used to estimate and predict relationships between our observed variables (Rosseel 2012). We developed one full path model 144 that was then compared and examined with numerous *a priori* proposed models, each unique and 145 146 missing particular variables (see Supplementary Data S2). We ranked the Akaike Information Criterion (AIC) and used it together with R², root mean square error of approximation (RMSEA), 147 and standardized root mean residual (SRMR) values to determine the strongest model supported 148 149 by our data. We used standardized coefficients, which standardize the variation of each variable to equal 1, to then compare the relative effects of each variable (body size, diet, etc.) 150

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RESULTS

For all species, the positive relationship between body length and body mass were statistically significant and strong ($R^2 > 0.6$ for all groups). In montane voles, we found a significant effect of protein on body mass, such that animals fed the high protein diets were 6.3% smaller than animals fed the low protein diets (using least-square means based on body length). When controlling for body length, neither fiber nor protein had significant effects on body masses of white-footed mice or grasshopper mice.

159 First, we tested whether fecal dimensions (pellet length and width) correlated with160 aspects of body size (body mass and body length). Measurements of fecal pellet width increased

Diet alters rodent fecal pellet size

161 with increasing body length, though this relationship was not statistically significant for all 162 species (Table 2, Fig. 1). In all species, fecal pellet width increased significantly with increasing 163 body mass (Table 2, Fig. 1). However, fecal pellet length was not as informative for aspects of 164 animal body mass and length. In montane voles, fecal pellet length was significantly correlated with body length (P = 0.025) and body mass (P = 0.01), but there were no significant correlations 165 of fecal pellet length and body size in white-footed mice or grasshopper mice. These results are 166 167 consistent with previous studies that report fecal pellet width as a better predictor of body size 168 than fecal pellet length (Smith et al. 1995). Therefore, we focus on fecal pellet width data in the 169 main text, and data regarding fecal pellet length can be found in the Supplementary Data SD1. 170 We found that diet composition significantly altered the measurements of fecal pellet width of all three species. Fiber had the largest effects on fecal pellet widths (Table 2, Fig. 1). 171 172 Using least-square means to control for body mass, the high fiber diets yielded 14.6%, 17.0% 173 and 24.7% increases in fecal width in voles, white-footed mice, and grasshopper mice, 174 respectively. Protein levels also influenced fecal measurements, though with contrasting effects across species (Table 2, Fig. 1). Voles fed high protein diets produced feces that were 6.2% 175 176 wider than those fed low protein diets. In white-footed mice, there was a significant protein \times 177 fiber interaction for fecal width measurements, such that high protein diets decreased fecal width 178 by 10.6% when animals were on low fiber diets but caused minimal change (<1%) when animals were on high fiber diets. In grasshopper mice, high protein diets decreased fecal width by 4.6%. 179 Next, we calculated examples of errors that dietary fiber might introduce into predicting 180 animal body size. For example, in montane voles, the average experimental body mass (45.18 g) 181 182 would be predicted to produce feces with a width of 2.039 mm when on the high protein / high fiber diet. However, if researchers used the regression line developed for the high protein / low 183

fiber diet, animals producing feces with a width of 2.039 mm would be predicted to have a body mass of 61.06 g, or 1.35× larger. When this same method was applied to white-footed mice and grasshopper mice, the predicted body masses were 3.88× and 2.43× larger, respectively. Using similar methods, we estimate that if researchers were to use regression equations based on animals feeding on low fiber diets, but the actual feces were collected from animals feeding on high fiber diets, the body length of animals would be overestimated by factors of 1.09, 2.78, and 1.39 for montane voles, white-footed mice, and grasshopper mice, respectively.

191 Last, while it might seem intuitive that the size of fecal pellets could be partially dictated 192 by the size of digestive organs, such as the large intestine radius, this has never been demonstrated. Using path analysis, we found a consistent best-supported model across all three 193 194 rodent species (See Supplementary Data SD2 for results of all models compared). In the best-195 supported model, factors of diet composition (high/low fiber and protein combinations) were included as exogenous binary variables, large intestine radius was a mediator variable, and body 196 mass was a secondary exogenous variable. Body mass, the variable largely estimated using fecal 197 198 pellet widths in paleoecology studies, exhibited a statistically significant relationship with fecal 199 width in the grasshopper mouse, but not the other rodent species (Figure 2, Table 3). Rather, we 200 found that fiber had the largest standardized effects in driving fecal width across all species. 201 Fiber intake can directly lead to changes in fecal pellet width and at the same time, it can indirectly affect fecal pellet width through altering the radius of the large intestine (Figure 2, 202 203 Table 3). The large intestine radius showed strong and significant associations with fecal pellet 204 widths in herbivorous montane voles and insectivorous grasshopper mice, though this 205 relationship was not statistically significant in omnivorous white-footed mice (Table 3). Diets 206 with high protein content generally resulted in smaller fecal pellet widths, though this result was

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only statistically significant in the white-footed mouse (Table 3). Overall, results from our path
analysis suggest that diet composition can alter animals' fecal pellet width both directly and
through increases in large intestine radius, and that these effects are stronger than the effect of
body mass.

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DISCUSSION

Here, we tested whether dietary variation influences the size of rodent fecal pellets, as such 213 effects could have numerous implications for studies on wild mammals. Overall, we found that 214 215 fecal sizes predicted animal body size, as both body lengths and masses were typically positively 216 and significantly correlated with fecal width. However, diet also had a significant impact on 217 these relationships. We found that high fiber diets yielded significantly wider feces across all three rodent species studied. High protein diets affected each species differently, such that they 218 increased fecal widths of montane voles, but decreased fecal widths in grasshopper mice. 219 220 Results from structural equation modeling reveal that diet strongly affects fecal width, both 221 directly and indirectly through modifications to morphology of the large intestine. It should be noted that in the wild *O. torridus* are unlikely to eat the high amounts of fiber used in our 222 223 experimental diets, as they primarily consume animal material. However, P. leucopus and M. montanus are more likely to encounter high amounts of fiber in their natural diets of seeds and 224 vegetation, so the experimental diets are more ecologically relevant for them (Table 1). 225 226 Nonetheless, our results remained quite consistent across all species. Below, we discuss potential 227 mechanisms of these changes and the implications our results have for studies that estimate 228 mammalian body size for paleoecological or demographic studies. Dietary fiber had the largest impact on fecal dimensions. Fiber may directly increase 229

230 fecal matter size by changing diet digestibility and the total amount of feces produced. For

231 example, herbivorous common degus (Octodon degus) fed high fiber diets for 27 weeks 232 produced significantly more feces and had lower apparent digestibility of dry matter and protein 233 (Veloso & Bozinovic 1993). Likewise, gerbils fed high fiber diets for two weeks had lower 234 apparent digestibility of dry matter and fiber (Pei et al. 2001a). Thus, the relationship between 235 diet and fecal width could be explained by decreased digestibility causing increased fecal output 236 (Bozinovic 1995). Dietary fiber can also indirectly alter fecal dimensions by affecting large 237 intestine morphology. In our study, fiber significantly increased large intestine radii of all three 238 rodent species. These results are somewhat consistent with previous research on laboratory rats 239 and wild caught Brandt's voles. While large intestinal radii or circumferences were not 240 measured, rats fed high-fiber pectin diets for 4 weeks exhibited significant lengthening of the small and large intestines, and rats fed high cellulose diets exhibited significant lengthening of 241 242 the colon (Stark et al. 1996). Likewise, Brandt's voles fed high-fiber diets for 14 days showed 243 significant increases in the total length and mass of the gut, specifically in the cecum, proximal colon, and distal colon (Pei et al. 2001b). While we were unable to track changes in fecal size 244 245 over time, it would be useful in future work to differentiate the immediate and direct effects of 246 fiber from the indirect effects of large intestine morphology on fecal size, which may develop over time. Nonetheless, the best-supported path analysis from our study suggests that an increase 247 in large intestine radius could lead to an increase in fecal width. Overall, dietary fiber modifies 248 249 diet digestibility, fecal production, and large intestine morphology, thus resulting in changes in 250 fecal dimensions.

The effects of protein on fecal production and gut morphology were not as strong or as consistent as the effects of fiber. Our data suggest that protein can also change fecal widths both directly and indirectly by altering the radius of the large intestine. However, rodent species

Diet alters rodent fecal pellet size

responded to protein levels differently, such that high protein increased fecal widths of montane 254 255 voles, decreased fecal widths of grasshopper mice, and there was a significant protein x fiber interaction in white-footed mice. Therefore, the effects of protein may vary by species-specific 256 257 feeding strategy and existing physiology. Low protein diets have been shown to cause histomorphological changes in the intestines of lab rats, such as shortened colonic crypts and 258 wall atrophy of the jejunum (Franco et al. 2010; Eyzaguirre-Velásquez et al. 2017). Furthermore, 259 260 high protein levels affect large intestinal gene expression of rats (Mu et al. 2016; Beaumont et al. 261 2017). Thus, it is reasonable that a high protein diet would also induce changes in gut 262 morphology, with resultant changes in fecal dimensions. Notably, lipid content was held constant 263 in our experimental diets, so we could not test the potential effects of dietary lipids on fecal dimensions. However, recent work demonstrated that white-footed mice fed a high lipid diet did 264 265 not exhibit significant changes in body mass or small intestine mass and length (Wang et al. 2019). Future studies could investigate whether dietary lipids alter the dimensions of fecal 266 267 pellets.

268 Our results counter previous studies that conclude minimal impacts of diet on fecal pellet widths. One study concluded that diet did not impact fecal width by collecting feces from several 269 woodrat species (Neotoma spp.) from a variety of habitats across seasons and comparing 270 271 predicted body masses to actual body masses. This technique revealed a prediction error of 21%, and concluded that diet did not influence the roughly 20-50% changes in body mass estimated to 272 273 occur between the last glacial maximum and the mid-Holocene (Smith et al. 1995). Another 274 experiment fed woodrats high fiber diets for a period of two days, and did not observe any increases in fecal pellet width (Hallett & Wigand 2001). However, given the results of our SEM, 275 276 it seems that fiber may alter fecal pellet width through alterations to dimensions of the large

277 intestine, which may take longer than two days to respond. Lastly, it should be noted that 278 previous studies have found higher error rates for smaller juvenile animals (woodrats below 80g) 279 (Smith et al. 1995) and the rodent species in our study are all considerably smaller than 280 woodrats. Given the rather consistent results of our path analysis across three species with 281 distinct feeding strategies, we predict that these alterations to fecal dimensions would also occur 282 in larger species, though this remains to be tested. Overall, our study shows that diet, especially 283 fiber content, can alter fecal pellet widths, and perhaps lead to drastic overestimations in body size. It is notable that diet treatments in our study resulted in prediction errors of 35-300% 284 285 depending on the species, which are larger than prediction errors reported in previous studies 286 (Smith et al. 1995).

While our experiments were conducted under controlled laboratory conditions, natural 287 288 variation in both habitats and animal physiology could affect fecal pellet dimensions. For 289 instance, if diet composition significantly changes by season, fecal pellets could greatly change 290 in size. Seasonal changes in diet and environment can significantly affect gut size and 291 digestibility in in muskrats and field mice (Campbell & MacArthur 1996; Wang et al. 2009). Further, measures of fecal nitrogen from deer varied seasonally and annually (Kucera 1997), and 292 may translate to changes in fecal dimensions. Additionally, factors such as pregnancy (Sensoy & 293 294 Öznurlu 2019) and temperature (Hammond & Wunder 1995) can impact the dimensions of the gastrointestinal tract. Cold temperatures caused voles to increase food intake, which could cause 295 296 downstream effects on fecal production (Song & Wang 2006). Additionally, across mammalian phylogeny dietary strategies can evolve and transition, with herbivory most commonly 297 298 transitioning to omnivory (Price et al. 2012). Further, the rapid evolution of dietary strategies are 299 often with associated evolutionary changes in morphology (Herrel et al. 2008). These

Diet alters rodent fecal pellet size

physiological and evolved adaptations might also change the size and total amount of fecesproduced, and so may need to be considered in studies that rely on fecal analyses.

302 This is not to say that the use of fecal pellet dimensions are invalid for scientific studies. 303 Fecal pellet analyses offer interesting and validated opportunities, such as understanding the paleoecological evolution of body size (Smith et al. 1995) or the ability to ascertain demographic 304 information of mammalian populations (MacCracken & Ballenberge 1987). Our consistent 305 306 findings across rodent species with distinct feeding ecologies suggest that diet and large intestinal morphology do have the potential to alter fecal dimensions to the extent that body size 307 308 could be significantly over or under estimated depending on the directionality of the dietary shift. 309 Thus, studies using fecal dimensions to garner information about animals should interpret their data with caution in light of the potentially confounding effects of diet. 310

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- 316 *leucopus*.

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SUPPLEMENTARY DATA

- Supplementary Data SD1 – Composition of experimental diets (g/kg)
- Supplementary Data SD2 – Models compared using structural equation modeling (SEM). Fit
- statistics for each model and each species are presented in the table.
- Supplementary Data SD3 Data and statistics comparing fecal pellet lengths across diet
- treatments for three species of rodents.
- Γ odents.

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FIGURE LEGENDS Figure 1. Effects of diet and body size on fecal pellet widths produced by three rodent species. Each point represents an individual animal. Lines depict linear regressions, which were conducted independently for each group. N = 8-10 animals per group. Results from statistical analyses can be found in Table 2. Figure 2. Diet directly and indirectly alters fecal pellet widths. All three rodent species independently exhibited the same structural equation model (SEM) as being best supported based on Akaike information criterion, R², RMSEA and SRMR. See Table 2 for statistics. Solid lines depict relationships that are positive, while dashed lines depict relationships that are negative. Both solid and dashed lines are shown between Protein and LI Radius because this relationship is positive in montane voles, but negative in white-footed mice and grasshopper mice (see Table 3).

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465 Table 1. Information about rodent species used in the study.

Species	Body length	Mean body mass	Distribution and habitat	Diet	References
Onychomys torridus	120-163 mm; tail usually more than half of body length	22 g	Hot, low, arid, scrub vegetation of in the Lower Sonoran Desert	Feed almost exclusively on animal material, primarily arthropods (scorpions, othopterans).	(McCarty 1975; Kester 1999)
Peromyscus leucopus	130-205 mm; tail usually 45- 100 mm	Range from 15.0- 25.0 g. Mean is 23 g	Warm, dry forests and brushlands throughout most of the eastern United States	43% seeds 30% insects 25% vegetation 2% other	(Lackey et al. 1985; Aguilar 2011)
Microtus montanus	140-220 mm; tail usually 24- 69 mm	Range from 37.3- 85.0 g.	Dry grasslands and agricultural lands in montane and intermontane areas of the western United States	85% leaves and forbs 9% grasses 6% other	(Sera & Early 2003; Stidham 2020)

- 467 Table 2. Results of analysis of covariance (ANCOVA) of fecal pellet widths of three rodent
- 468 species based on diet composition and body size.

	Montane vole			White-footed mouse			Grasshopper mouse		
	F	<i>d.f.</i>	Р	F	d.f.	Р	F	d.f.	Р
Body Length									
Body Length	5.28	1,35	0.028	3.18	1,35	0.083	6.70	1,33	0.014
Protein	2.99	1,35	0.093	2.47	1,35	0.13	5.32	1,33	0.028
Fiber	20.05	1,35	< 0.0001	28.82	1,35	< 0.0001	82.49	1,33	< 0.0001
Protein × Fiber	0.04	1,35	0.84	2.74	1,35	0.11	2.30	1,33	0.14
Body Mass									
Body Mass	4.47	1,35	0.041	4.85	1,35	0.034	6.29	1,33	0.017
Protein	4.16	1,35	0.049	3.03	1,35	0.09	3.90	1,33	0.056
Fiber	21.77	1,35	< 0.0001	32.82	1,35	< 0.0001	81.67	1,33	< 0.0001
Protein × Fiber	0.25	1,35	0.62	4.41	1,35	0.043	2.76	1,33	0.11

<u>,35</u>

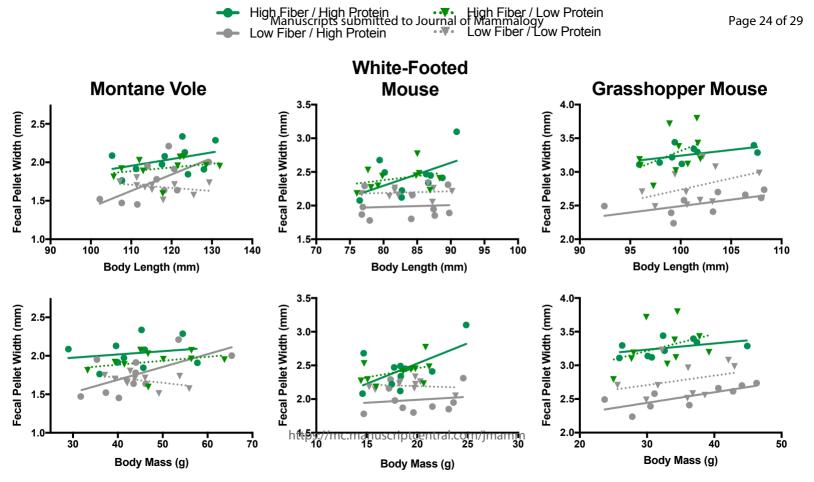
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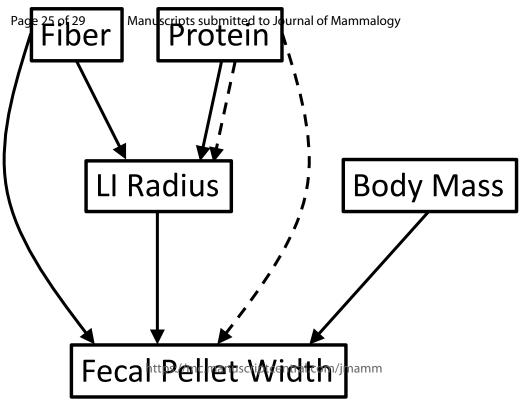
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Table 3. Statistics and standardized coefficients (Std.all) for diet, large intestine radius, and body
mass in determining average fecal pellet widths. Standardized coefficients allow the relative
effects of variables to be compared. Models and statistics were determined separately for each
rodent species.

	Montar	ne vole	White-foo	ted mouse	Grasshopper mouse		
Fecal pellet width ~	P-value	Std.all	P-value	Std.all	P-value	Std.all	
Fiber	0.016	0.230	< 0.001	0.567	< 0.001	0.766	
Protein	0.196	-0.102	0.035	-0.250	0.080	-0.146	
LI radius	< 0.001	0.719	0.512	0.099	0.011	0.225	
Body mass	0.078	0.135	0.938	0.009	0.004	0.244	
LI radius ~							
Fiber	< 0.001	0.594	< 0.001	0.624	0.018	0.354	
Protein	0.086	0.211	0.159	-0.170	0.293	-0.157	

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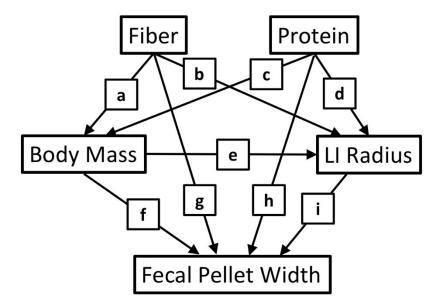


		-		
	Low Protein,	Low	High	High
	High Fiber	Protein,	Protein,	Protein,
		Low Fiber	High Fiber	Low Fiber
Alfalfa Meal (17%), dehydrated	100	50	100	50
Casein	0	0	235	185
Corn	0	373.7	0	90
Corn Gluten Meal (60%)	52	90	0	55
Fish Meal	10	10	20	20
Oats	270.1	30	64.6	150
Oat Hulls	230	0	373	0
Wheat	0	370	0	376.8
Wheat Middlings	270	0	137	0
DL-Methionine, FG (99%)	1	1	0	0
L-Lysine HCl, FG (78%)	2	2	0	0
Soybean Oil	4 21	26	29	29
Vitamin Mix, Teklad (40060)	10	10	10	10
Mineral Mix, w/o Ca & P	13.4	13.4	13.4	13.4
(98057)				
Calcium Carbonate	13.2	14.4	16	18
Calcium Phosphate, dibasic	7.3	9.5	2	2.8

Supplementary Data SD1 – Composition of experimental diets (g/kg)

	Low Protein,	Low Protein,	High	High
	High Fiber	Low Fiber	Protein,	Protein,
			High Fiber	Low Fiber
Protein, g/Kg	140.1948	140.39185	277.2178	277.43864
CHO, g/Kg	264.4677	526.227	124.1082	392.2296
Fat, g/Kg	49.8245	50.28413	49.64	49.7454
Fiber, g/Kg	149.16	32.89575	156.1153	40.6536
NDF, g/Kg	365.0764	120.08963	365.2585	119.50556
Ca, g/Kg	9.98997	9.98924	9.93592	10.01272
Cl, g/Kg	4.05639	2.77124	3.12884	2.43576
K, g/Kg	10.46303	8.22585	9.56928	7.72402
Mg, g/Kg	2.22035	1.67166	1.6296	1.46622
Na, g/Kg	1.86505	1.36489	1.5319	1.41146
P, Avail, g/Kg	3.47656	3.47896	3.46456	3.46774
P, g/Kg	6.05633	5.6391	4.90928	5.10924
B-12, mg/Kg	0.0312	0.0312	0.0327	0.0327
B-6, mg/Kg	21.22605	21.64539	19.7735	20.46774
Biotin, mg/Kg	0.637508	0.55587	0.530188	0.55513
Folic Acid, mg/Kg	2.35264	2.35874	2.25154	2.35222
Niacin, mg/Kg	125.3524	136.3615	112.9096	129.7526
Pantothenate, mg/Kg	67.65978	68.42183	65.09838	67.71478
Riboflavin, mg/Kg	24.21815	23.43496	23.6544	23.37008
Thiamin, mg/Kg	25.00703	19.56229	21.19028	19.84392
Vit A, IU/Kg	19856	19856	19888	19888
Vit D, IU/Kg	2204.5	2204.5	2206.5	2206.5
Vit E, IU/Kg	153.7844	143.9244	142.0556	138.6888
Vit K, mg/Kg	50.591	50.06874	50.5112	50.012
Choline, mg/Kg	2115.184	2074.4582	1759.3898	2045.1088
Inositol, mg/Kg	963.648	1128.9175	314.268	1372.3182
PABA, mg/Kg	110.132	110.132	110.132	110.132
Vit C, mg/Kg	991.189	991.189	991.189	991.189

Supplementary Data SD2 – Models compared using structural equation modeling (SEM). Fit statistics for each model and each species are presented in the table.



Montane vole						White-footed mouse			Grasshopper mouse							
Model	Variables	AIC	X ²	RMSEA	CFI	SRMR	AIC	X ²	RMSEA	CFI	SRMR	AIC	X ²	RMSEA	CFI	SRMR
1	a-i	310.975	0	0.000	1	0.000	250.015	0	0.000	1	0.000	196.687	0.0	0.000	1	0.000
2	b,d,g,h,f,i	27.456	4.599*	0.300*	0.955	0.081	52.287	4.227*	0.284*	1	0.061	-51.938	0.050	0.000	1	0.009
3	b,d,e,g,h,f,i	24.857	0.000	0.000	1	0.000	50.060	0	0.000	1	0.000	-49.987	0.0	0.000	1	0.000
4	b,d,i	31.918	7.781*	0.269*	0.922	0.067	60.387	14.095*	0.389	0.712	0.116	-16.529	50.427*	0.648*	0.298	0.197
									*							
5	b,d,e,f,i	28.824	7.966*	0.273*	0.925	0.052	58.650	12.589*	0.364*	0.761	0.082	-12.938	41.049*	0.717*	0.234	0.165
6	b,g,f,i	27.866	3.013	0.224	0.973	0.084	54.334	3.251	0.237*	0.943	0.069	-51.899	0.079	0.000	1	0.014
7	b,e,g,f,i	26.852	0.000	0.000	1	0.000	53.083	0	0.000	1	0.000	-49.987	0	0	1	0
8	b,i	32.758	5.006*	0.316*	0.943	0.060	60.325	9.883*	0.471*	0.766	0.130	-17.438	31.856*	0.901*	0.303	0.251
9	b,e,f,i	31.248	6.396*	0.367*	0.928	0.050	59.564	8.481*	0.432*	0.809	0.087	-13.988	38.101*	0.988*	0.243	0.200

Supplementary Data SD3 – Data and statistics comparing fecal pellet lengths across diet treatments for three species of rodents.

