

## TEMA 6

### • SALUD, MALESTARES Y RECOMENDACIONES

EXPRESIONES	TRADUCCIÓN	EJEMPLO
How are you?	¿Cómo estás?	A: <b>How are you?</b> B: I'm fine!
I'm not so good, actually, ...	La verdad, no me siento muy bien.	A: How are you? B: <b>I'm not so good, actually.</b>
What's the matter?	¿Qué te pasa?	A: <b>What's the matter?</b> B: I feel terrible!
What's the problem?	¿Cuál es el problema?	A: <b>What's the problem?</b> B: I feel terrible!
I have a ...	Tengo (para enfermedad)	<b>I have a</b> headache. <b>I have a</b> toothache.
My back really hurts!	Realmente me duele la espalda	What's the problem? <b>My back really hurts!</b>
How do you feel?	¿Cómo te sientes?	A: <b>How do you feel?</b> B: I feel sick.
I feel sick!	Me siento enfermo/ etc.	A: How do you feel? B: <b>I feel sick.</b>
I feel well!	Me siento bien.	A: How do you feel? B: <b>I feel well!</b>
I don't feel well.	No me siento bien.	A: How do you feel? B: <b>I don't feel well.</b>
What should I do?	¿Qué debería hacer?	A: I have a headache. <b>What should I do?</b> B: <b>You should</b> take an aspirin.
You should ...	Deberías	
You shouldn't ...	No deberías	A: I have a cough. B: <b>You shouldn't</b> drink cold water.
I'm sorry to hear that.	Cuánto siento escuchar eso.	A: I broke my leg yesterday. B: <b>I'm sorry to hear that.</b>
I hope you feel better soon.	Espero que pronto te sientas mejor.	A: I have a terrible headache! B: <b>I hope you feel better soon.</b>
Does it hurt?	¿Duele?	A: I broke my finger. B: <b>Does it hurt?</b>
Have a pain (in the leg / arm)	Me duele la pierna/el brazo	I fell down and now I <b>have a pain in my leg.</b>
I suffer from ...	Sufro de....	A: <b>I suffer from</b> pain in my feet. B: See a doctor.
You look well!	Te ves bien.	Did you go to the doctor? <b>You look well!</b>
See a doctor / dentist!	Ve a ver al doctor / dentista!	I have a fever. <b>See a doctor!</b>
Do you take any medicine?	Tomas algún medicamento?	<b>Do you take any medicine?</b> You look well!.
Can I make an appointment?	¿Puedo sacar una cita?	A: I feel bad doctor, <b>Can I take an appointment?</b> B: Sure.
What time is your appointment?	¿A qué hora es tu cita?	A: I can't go to class. I have to see the doctor.

		B: <b>What time is your appointment?</b>
Should I take any medicine?	¿Debería tomar alguna medicina?	I have a pain in my back. <b>Should I take any medicine?</b>

w		
PALABRA	TRADUCCIÓN	EJEMPLO
<b>Problemas de salud</b>		
A fever	Fiebre	I have temperature. I have a terrible <b>fever</b> .
A rash	Erupción	Maggie went to see the doctor about <b>a rash</b> on her skin.
Backache	Dolor de espalda	I have an ache in my back. I have a <b>backache</b> .
Broken (leg / arm)	(Pierna / brazo) roto(a)	He has a <b>broken leg</b> because he fell down.
Cold	Resfriado	I have a <b>cold</b> . I need to take a rest.
Cough	Tos	I have a <b>cough</b> . I need syrup.
Headache	Dolor de cabeza	A: I have a <b>headache</b> . B: You should take an aspirin.
Stomachache	Dolor de estómago	My stomach hurts. I have a <b>stomachache</b> .
Toothache	Dolor de muela	I have an ache on my tooth. I have a <b>toothache</b> .
Sore eyes	Dolor de ojos	I have <b>sore</b> eyes, I have to go to the ophthalmologist.
Sore throat	Dolor de garganta	I have a <b>sore</b> throat. I need some honey.
Temperature	Temperatura	I have <b>temperature</b> . I have a terrible fever.
The flu	Gripa	I have the <b>flu</b> . I need to take a rest.
<b>Estados de ánimo</b>		
Bad	Mal(o)	A: I feel <b>bad</b> . I have a cold. B: You should go to the doctor.
Fine (well)	Bien	A: You look so sad. How do you feel? B: Not so <b>fine</b> . I have the flu.
Good (better)	Bueno, bien.	A: You look so sad. How do you feel? B: Not so <b>good</b> . I have the flu.
Great	Formidable	A: You look so happy. What's up? B: I feel <b>great!</b> My headache is over.

Happy	Feliz	A: You look so <b>happy</b> . What's up? B: I feel great! My headache is over.
Hungry	Hambriento	A: Oh, it's 3 pm. I'm <b>hungry</b> .
Patient	Paciente	B: Be <b>patient</b> ! Lunch time is at 3:30.
Sad	Triste	A: What's the matter? You look sad! B: I'm really <b>sad</b> . I didn't pass my exam!
Sick	Enfermo	A: What happened to you yesterday? You didn't attend class! B: I was <b>sick</b> . I had the flu.
Terrible	Terrible	A: I feel <b>terrible</b> ! I have a headache and the flu is killing me. B: That's too bad. You should go to the doctor.
Thirsty	Sediento	A: I need some water. I'm <b>thirsty</b> . B: Would you like some water?
Tired	Cansado	A: You look <b>tired</b> ! Are you ok? B: Yes, I am. I had a really hard day, but I'm ok.
<b>Partes del cuerpo</b>		
Arm	Brazo	I have a pain on my <b>arm</b> .
Elbow	Codo	My <b>elbow</b> hurts. I have a pain on my elbow.
Knee	Rodilla	My <b>knee</b> hurts when I'm walking. I have a pain on my <b>knee</b> .
Leg	Pierna	My <b>leg</b> hurts when I'm running. I have a pain on my leg.
Mouth	Boca	My <b>mouth</b> is sore because of my braces. I need some new braces.
Neck	Cuello	I have a pain on my <b>neck</b> .
Nose	Nariz	I have some pimples inside my <b>nose</b> . That really hurts!
Shoulder	Hombro	I did a lot of exercise. I have a pain on my <b>shoulder</b> .
Skin	Piel	I went to see the doctor because I have a rash on my <b>skin</b> .
Stomach	Estómago	My <b>stomach</b> hurts. I have a stomachache.
Throat	Garganta	I have a sore <b>throat</b> . I need some honey.

Toe(s)	Dedo(s) del pie	My <b>toe</b> hurts. I think I have arthritis.
Tooth (teeth)	Diente(dientes)	I have an ache on my <b>tooth</b> . I have a toothache. Her <b>teeth</b> are too white
Wrist	Muñeca	My <b>wrist</b> hurts. I have a pain in my wrist.
Tongue	Lengua	My <b>tongue</b> hurts. I have a pain in my tongue.
Lips	Labios	That girl has beautiful <b>lips</b> !
Back	Espalda	I have an ache in my <b>back</b> . I have a backache.
Ear	Oído	I have an ache on my <b>ear</b> .
Eye	Ojo	I have sore <b>eyes</b> .
Eyebrow	Ceja	She has thick <b>eyebrows</b> .
Eyelash	Pestaña	Alison has beautiful <b>eyelashes</b> .
Face	Cara	My <b>face</b> has many pimples and spots!
Finger(s)	Dedo(s)	My <b>finger</b> hurts so badly! I need a doctor!
Foot (feet)	Pie (pies)	I cut my <b>foot</b> pretty bad! I need bandage and alcohol.
Hand	Mano	I have a sore on my <b>hand</b> . I need a doctor to check it up.
Head	Cabeza	My <b>head</b> hurts. I have a terrible headache. I need an aspirin!
<b>Verbos</b>		
Feel	Sentir	A: You look so happy. What's up? B: I <b>feel</b> great! My headache is over.
Help	Ayudar	A: I feel terrible! I have a headache. B: An aspirin may <b>help</b> you.
Hope	Esperar / esperanza	A: I feel terrible! I have a headache. B: I <b>hope</b> you feel better
Rest	Descansar / descanso	I have a <b>cold</b> . I need to take a rest.
Stay (in bed)	Permanecer (en cama)	A: I have a cold. B: You should <b>stay</b> in bed.
Take	Tomar (medicina)	A: I'm still sick! I have the flu and temperature. B: You should <b>take</b> your medicine and be patient.
Hurt	Doler	My wrist <b>hurts</b> . I have a pain in my wrist.

Lay down	Acostarse	You should <b>lay down</b> and sleep.
Rub	Frotar	Don't <b>rub</b> your eyes!