

Effects of electrical stimulation on WGA-HRP transport in pubococcygeus motoneurons of male rats.

Efectos de la estimulación eléctrica sobre el transporte de WGA-HRP en motoneuronas del pubococcígeo de ratas macho.

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Abstract

Introduction: The retrograde axonal transport from dendrites and the axon terminal to the soma is very important mechanism for transferring contents among the different regions of the neuron. However, the correlation between tracers labeling on motoneurons with neural electrical activity is somewhat debatable.

Objetives: Therefore, we used horseradish peroxidase conjugated to wheat germ agglutinin (WGA-HRP) to analyze spinal motoneurons of the Pubococcygeus (Pc) muscle in male rats that received electrical stimulation on the left somatomotor branch of the pelvic nerve.

Materials and Methods: Three groups were made according to the timing of stimulation: A) after injection of WGA-HRP, B) before perfusion of the rat, and C) both conditions, A+B. **Results**: The results indicated that motoneurons located on the ipsilateral side of stimulation applied twice (group C) obtained the lower values of morphological labeling.

Conclusions: We suggested that the electrical activity of a motoneuron results in an increase of dendritic movement to concentrate substances in the soma, which indeed regulates WGA-HRP labeling. It is suggested that the state of electrical activity of a motoneuron increases the centripetal movement of cytoplasmic contents, as represented by the stain. The mechanism could serve to maintain the integrity of the different regions of the motoneuron by allowing recycling, degradation or transferring of components into the soma.

Key words: Nerve stimulation, motoneurons, WGA-HRP

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Resumen

Introducción: El transporte axonal retrógrado desde las dendritas y de terminales axónicas hacia el soma es un mecanismo importante para obtener información del cuerpo celular a las dendritas y terminales nerviosas. La correlación entre el marcaje de trazadores sobre motoneuronas con la actividad eléctrica neuronal es algo debatible.

Objetivos: Por lo tanto, usamos la peroxidada de rábano conjugada con germen de trigo aglutinado (WGA-HRP) para analizar motoneuronas espinales del músculo Pubococcígeo (Pc) en ratas macho que recibieron estimulación eléctrica de la rama somatomotora izquierda del nervio pélvico.

Material y Métodos: Tres grupos fueron usados de acuerdo al tiempo de estimulación: A) después de la inyección de la WGA-HRP, B) antes de la perfusión de la rata, C) ambas condiciones, A+B.

Resultados: Los resultados indicaron que las motoneuronas localizadas del mismo lado de la estimulación aplicada dos veces (grupo C) obtuvieron los valores más bajos del marcaje morfológico.

Conclusiones: Sugerimos, que la actividad eléctrica de una motoneurona resulta en un aumento del movimiento dendrítico para concentrar substancias en el soma, el cual realmente regula el marcaje de la WGA-HRP. Esto sugiere que estado de la actividad eléctrica de una motoneurona aumenta el movimiento centrípeto del contenido citosplásmico, representado por la tinción. El mecanismo podría servir para mantener la integridad de regiones diferentes de la motoneurona para permitir el reciclaje, la degradación o la transferencia de componentes al soma.

Palabras clave: Estimulación nerviosa, motoneuronas, WGA-HRP

I. Introduction

The Pubococcygeus muscle (Pc) is located in the pelvic floor of both males and females, and it is innervated by the somatomotor branch of the pelvic nerve, which originates between the sixth lumbar and the first sacral segments of the spinal cord in rats.¹ ² It has been demonstrated that the Pc participates in reproductive processes and micturition. In male rats for example, denervation of the Pc after cutting the somatomotor branch of the pelvic nerve produces the deposit of smaller sperm plugs during ejaculation, and those males fail to impregnate females compared with intact Furthermore, as observed with males. electrophysiological studies, the Pc muscle responds actively with contractions during micturition.³

The motoneurons that innervate the Pc muscle are sensitive to the fluctuation of systemic hormones. Specifically, there is evidence that in both males⁴ and females⁵ gonadectomy reduces some morphological patterns of the motoneurons such as the soma area, the length of primary dendrites and the dendritic arborization area, as observed with horseradish peroxidase labeling conjugated to wheat germ agglutinin (WGA-HRP). In male rats, the effect of castration is reversed by subcutaneous testosterone, which restores the morphological patterns after four weeks of treatment.⁴ Interestingly, castrated males treated with estradiol benzoate recover the morphological patterns within two weeks of treatment, indicating that the aromatization of testosterone is an important physiological process for the normal function of Pc motoneurons. However, the spinal cord of male rats does not show detectable aromatase activity,⁶ which has lead us to suggest that estrogens influence motoneurons via supraspinal neurons.⁴

It has been reported that neurons of the Paraventricular Nucleus (PVN) of the hypothalamus project to the lumbosacral spinal cord,⁷⁻⁹ and therefore could modulate activity in motoneurons of muscles of the pelvic floor important for the expression of penile erection and sexual behavior.¹⁰⁻¹³ The PVN has estrogen receptors and aromatase activity,¹⁴ and we have previously demonstrated that local treatment with blockers for androgens, estrogens and aromatase within the PVN, as well as spinal cord transection, produce an effect similar castration to on Pc motoneuronas.15 Given that there are no estrogen receptors in the lumbosacral segments in males rat, the effects of these hormones on Pc motoneurons are believed to be mediated via other neurotransmitters, such as oxytocin (OT) at the level of the dorsal gray commissure, the intermediomedial gray matter, and the sacral parasympathetic nucleus.^{13,16-17} In fact, the effects of spinal cord transection are reversed with intrathecal injections of oxytocin in the lumbosacral segments, since oxytocintreated animals recovered morphological features similar to those of intact animals.15

It has been accepted to some extent that the morphological changes observed with WGA-HRP in the motoneurons during the fluctuation of steroids hormones are due to the increase or reduction of intracellular transport of the tracer and not due to changes in the size of neurons.¹⁸ Those changes are believed to be an objective measure of the activity and sensitivity of motoneurons to physiological changes. Accordingly, it is possible that the hormonal fluctuation and other stimuli such as electrical stimulation may affect the intracellular transport of substances. Thus, it is not clear yet whether the HRP retrograde labeling is really correlated with the neural activity in the mammalian central nervous system.

Nishino and colleagues¹⁹, for example, demonstrated that stimulation of the sciatic nerve I hour by during the survival period increased the number of motoneurons of the Medial Gastrocnemius muscle (MG) labeled retrogradely with HRP, as compared to nonstimulated (control group) in rats.¹⁹ This study suggested that retrograde transport of HRP in the gastronecmius-sciatic system depends on the activity of both nerve and muscle. It decreases when nerve and muscle activity is low and increases when their activity is high. In contrast, Sato en colleagues showed that there were no significant difference in the numbers of labeled cells between the stimulated and the non-stimulated sides of rats. Thus, it seems

that the electrical stimulation of the sciatic nerve did not affect HRP retrograde labeling of MG motoneurons of the rat.²⁰ In adittion, a study driven by Kanda and colleagues,²¹ there were no significant differences in the number of labeled hindlimb motoneurons between the blocked and intact sides of rats.

There are several limitations to the previous studies of these authors. For example, these studies used HRP alone and not combined with wheat germ agglutining (WGA). It has been shown that HRP alone is transported more slowly than when combined with WGA.²² In addition, these studies differed in the amount of time allowed for the HRP to be transported since the moment of injection. Specifically, it has been shown that the appropriate time for the tracer to travel from the axon terminals to the soma of motoneurons that innervate to pelvic muscles is about 48 hrs.4, 23-25 Consequently, it is possible that less time, plus the use of HRP alone may have not been sufficient for the tracer to reach the soma and dendrites of motoneurons that innervate hindlimb muscles. Unfortunately, the authors did not consider more variables to assess intracellular distribution of the tracer.

Thus, given that the effects of electrical stimulation on the number of motoneurons appear to be ambiguous, the present study was designed to investigate whether electrical stimulation applied to the somatomotor branch of the pelvic nerve would affect the retrograde labeling of WGA-HRP in Pc motoneurons, mainly in morphological characteristics more detailed such as the soma area, the length of primary dendrites and the dendritic arborization area.

2. Materials and Methods

2.1 Animals

Adult Wistar male rats (Harlan Laboratories, México, D.F.) with a body weight between 250-350 g were housed in groups of three in plexiglass shoe boxes on a 12:12-h light/dark cycle and were given free access to Purina rat chow and water. The experiments required the animals to undergo a surgery during which injection of the neural tracer was administered directly into the Pc muscle. Every surgery and manipulation of the rats was guided by the Policy's Manual on the Use of Animals in Neuroscience Research of the Society for Neuroscience.

2.2 Experimental procedure

Twenty-four males received bilateral injections of WGA-HRP directly into the Pc muscle, and were sacrificed 48 hr later. The animals were organized in three groups (n=8), which received unilateral electrical stimulation on the somatomotor branch of the pelvic nerve, applied as follows: group A) immediately after the injection of WGA-HRP, group B) 15 min before the sacrifice, and group C) a combination of A+B (i.e., stimulation after injection of the tracer and 48 hr later just before perfusion of the rat). Given that electrical stimulation was applied exclusively in the left side of each animal, the right side was used as a within-groups comparison to assess the effects of both ipsilateral and contralateral electrical stimulation on the motoneurons labeling.

2.3 WGA-HRP injection in the Pubococcygeus muscle

The rats were anesthetized with an intraperitoneal injection of sodium pentobarbital (30 mg/kg bw), and placed in dorsal position. The abdomen was shaved disinfected, and a midline incision was performed with a scalpel. The intestines were gently retracted rostrally, and the bladder and seminal vesicles were retracted caudally to allow the visualization of the region where the originates. Under a Leica surgical Pc microscope, the muscle was identified and injected slowly (2-3 min) with 25 µg of WGA-HRP previously diluted in 5 μ l of 1% dimethyl sulfoxide (Sigma-Aldrich).

2.4 Electrical stimulation of the somatomotor branch of the pelvic nerve

The left somatomotor branch of the pelvic nerve was identified as in a previous study by Lucio et al., $^{\perp}$ and was stimulated according to

the groups mentioned above. A bipolar silver chloride electrode was used for stimulation. It was plugged into a stimulus isolation unit (SIU5, Grass instruments, USA), that was driven by a square pulse stimulator (S48, Grass instruments, USA). Stimuli were applied at I Hz and 0.1 ms of duration, starting at zero voltage and were increased slowly. Stimulus threshold was determined when contractions of Pc muscle were observed under a stereomicroscope (Leica GZ6). The stimulator was set to deliver 2-4 threshold stimuli during 15 min to the somatomotor branch of the pelvic nerve. Following the injection procedure and electrical stimulation, the viscera were put back into the cavity, and the muscle and the skin were sutured. The animals were placed in the warm chamber until they recovered from the anesthesia, and received sodium metamizol (130 mg/kg) for postsurgical analgesia and benzatinic penicillin (40 000 UI/rat) to prevent infections.

2.5 Technique of WGA-HRP labeling in Pc motoneurons

Forty-eight hours later, the males were anesthetized again with a higher dose of sodium pentobarbital (50 mg/kg bw), and were immediately perfused transcardially with 500 ml of heparinized saline solution, 800 ml of room fixative at temperature (1% paraformaldehyde and 1.25% glutaraldehyde in 0.1 M phosphate buffer, pH 7.4) and with 600 ml of 10% cold sucrose (4°C) in 0.1 M phosphate buffer, pH 7.4 for cryoprotection. The lumbosacral spinal cord was removed, and a longitudinal and superficial cut was done on the dorsal part of the non-stimulated side to be used as a landmark to differentiate between right and left side. Then, the spinal segment was immersed in another cold sucrose-buffer solution for a period of 72 hours before being cut, and sectioned transversally (40 µm of thickness) on a Leica cryostat. Cord slices were immersed in fresh phosphate buffer without sucrose and kept at 4°C during 24 h, and reacted according to the tetramethylbenzidine method to produce darkblue staining of the motoneuronas. $\frac{25-26}{25-26}$ The slices were mounted on gelatinized slides,

dehydrated, cleared, and counterstained with 1% neutral red heated at 50-55°C to produce a reddish background, and then coverslipped with undiluted permount.

2.6 Image Processing and Statistical Analysis

Digital photomicrographs of motoneurons were obtained by using an Olympus Provis AX-70 microscope connected to a CoolSnap-Pro video camera (Media Cybernetics), and images were processed with a Flashpoint 128 frame grabber (Integral Technologies) inserted in a Dell Pentium computer. The Image-Pro Plus software (Media Cybernetics) was used to obtain the morphometric analysis of motoneurons. The parameters were analyzed as follows: I) soma size, which was obtained with outline drawings of the labeled cell body, 2) the dendritic arborization area, measured by anchoring points at the tip of each labeled dendrite in a motoneuron with the computer mouse, and 3) length of primary dendrites, measured by drawing a single line over the dendrite image with the mouse. Morphometric measures were only obtained from motoneurons that were stained alone and showed a clear and easily distinguishable shape, and not from those located in clusters that were difficult to evaluate. Data were analyzed with a mixed design (between and within) ANOVA with the Statistica software. All significant differences were confirmed by a Tukey posthoc analysis and the level of significance was set at p < 0.05.

3. Results

In all the individuals, WGA-HRP labeling was observed in the Pc motoneurons, which were located in the central region of the Lamina IX of the sixth lumbar and first sacral spinal cord segments (Fig. 1). The results about the three different morphometric features are as follows:

3.1 Soma area

The ANOVA revealed a main effect of electrical stimulation F(1,23)=11.8, p=0.002, indicating that overall, the soma area of the motoneurons located in the stimulated side was smaller than those located in the non-stimulated side. The *post hoc* analysis, however,

indicated that such differences were statistically significant only in group C (M= 1303.69 ± 117.82 μ m² and M= 991.37 ± 40.18 μ m² for non-stimulated and stimulated sides. respectively), but not in group A (1069.58 ± 41.91 μ m² and 928.12 ± 56.02 μ m² for nonstimulated and stimulated sides) or B (1159.62 \pm 59.31 μ m² and 1020.00 \pm 58.08 μ m² for nonstimulated and stimulated sides, respectively). The ANOVA failed to detect significant differences between groups F(2,23)= 2.7, p= 0.08, or an interaction between side of stimulation and group F(2,23) = 0.99, p= 0.38 (Fig. 2).

3.2 Length of primary dendrites

The ANOVA detected a main effect of electrical stimulation F(1,23) = 19.6, p= 0.0002, and a main effect of group F(2,23)= 9.8, p= 0.0009. However, there was no interaction between side of stimulation and group F(2,23)=0.18, p= 0.82. The post hoc analysis failed to detect significant differences within groups A $(67.86 \pm 1.42 \ \mu m \text{ and } 50.00 \pm 4.15 \ \mu m \text{ for the})$ non-stimulated side and the stimulated side. respectively), B (65.04 \pm 3.62 μ m and 46.87 \pm 6.67 μm for non-stimulated and stimulated side, respectively), or C (48.45 \pm 3.48 μ m and 35.25 \pm 4.86 µm for non-stimulated and stimulated side, respectively). Further analysis revealed greater values in the non-stimulated side of group A as compared to the stimulated side of B and both sides of C. Furthermore, motoneurons located on the non-stimulated side of group B were significantly different from the stimulated side of group C.

3.3 Arborization area of dendrites

The ANOVA revealed a main effect of side of stimulation F(1,23)=28.3, p=0.00002, and group F(2,23)=9.84, p=0.0009, but failed to detect any interaction between side of electrical stimulation and group F(2,23)=0.01, p=0.98. The post hoc analysis showed a trend for significance in the within comparison of group A (p=0.09) and B (p=0.09), but not in C (p=0.34). Furthermore, it revealed that the non-stimulated side of group A had greater arborization area of dendrites than the stimulated side of group B, and both sides of

group C, respectively. Group A (8414.00 ± 587.10 μ m² for non-stimulated and 6166.62 ± 510.52 μ m² for stimulated), Group B (7730.00 ± 562.56 μ m² for non-stimulated and 5673.62 ± 505.10 μ m² for stimulated), and Group C (5839.96 ± 657.80 μ m² for non-stimulated vs. 3670.37 ± 505.10 μ m² for stimulated).

pelvic nerve affected the staining of the Pc motoneurons. The total number of assessed motoneurons was smaller in group C (147 for the non-stimulated side and 106 for stimulated side) as compared to groups A (387 for the non-stimulated side and 329 for the stimulated side) and B (329 for the non-stimulated side and 404 for the stimulated side).

Overall, the results showed that unilateral stimulation of the somatomotor branch of the



Figure 1. Photomicrographies of transverse sections of Pubococcygeus motoneurons labeled with WGA-HRP in the non-stimulated (NS) and stimulated side (A, B, and C). Scale bar = $100 \mu m$.

4. Discussion

The data in the present study demonstrate that electrical stimulation of the somatomotor branch of the pelvic nerve produced a reduction of the WGA-HRP labeling in the motoneurons that innervate to the Pc muscle, located in the lumbar-sacral segments of the spinal cord in male rats. Such reduction is observed primarily in neurons located ipsilaterally to the stimulated side, but also in those located contralaterally. In addition, our method allowed us to compare the effects of electrical stimulation that occurred at three different conditions: (A) immediately after the injection of WGA-HRP; (B) 48 h after the injection; and (C) with a combination of and B. Accordingly, methods Α the motoneurons located on the ipsilateral side of animals that received electrical stimulation twice (group C) showed the lower values of labeling, which indicates that in our model electrical stimulation affected WGA-HRP labeling in Pc motoneurons. Contrasting our findings, Nishino and colleagues described that electrical stimulation increases HRP labeling as observed in motoneurons of the gastrocnemius muscle.¹⁹ Specifically, they demonstrated that in rats, stimulation of the sciatic nerve with 10 Hz 0.1 ms 5V during 1 h before perfusion (higher and longer intensity than in our study)









Figure 2. Graphical representations of main morphometric features of Pubococcygeus muscle motoneurons: group A) immediately after the injection of WGA-HRP; group B) 15 min before the sacrifice, and group C) a combination of A+B (i.e., stimulation after injection of the tracer and before perfusion of the rat). Given that electrical stimulation was applied exclusively in the left side of each animal, the right side (non-stimulated) was used as a within-groups comparison to assess the effects of both ipsilateral and contralateral electrical stimulation on the motoneurons staining. Bars represent mean \pm SEM in each group; (*) indicates significant differences, P< 0.05.

the number of gastrocnemius increased motoneurons labeled with HRP by up to 250 % above the mean number of the control nonstimulated group. A limitation of that study, however, was that they assessed exclusively the number of motoneurons labeled, but not morphometric characteristics their more detailed as soma size and length of dendrites. This study suggested that retrograde transport of HRP in the gastronecmius-sciatic system depends on the activity of both nerve and muscle. It decreases when nerve and muscle activity is low and increases when their activity is high.

In other study, Sato and colleagues²⁰ reported that HRP retrograde labeling of the medial gastrocnemius (MG) motoneurons did not increase by electrical stimulation of the sciatic nerve after the injection of the tracer in the MG muscle bilaterally of rat. In fact, they reported that the number of labeled motoneurons located in the stimulated side was similar (except in the stimulated group early) as compared to the control nonstimulated side in the same individuals.²⁰ They applied electrical stimulation at different periods based on the potential rate of transport of HRP within the neuron. For example, 14 h after injection, the cell bodies began to be observed and 24 h later the labeling intensity of the tracer reached its maximum. Accordingly, it was suggested that electrical stimulation that occurred immediately after injection would affect HRP uptake at the nerve terminal, whereas electrical stimulation 8-16 h and 18-24 h after

injection would affect the axonal transport and the process of inactivation of HRP within the soma, respectively. In addition, electrical stimulation was applied at least for 5-10 h in each distinct group, which represents more stimulation in Nishino's study¹⁹ (1 h) or our present study (15 min). Sato and colleagues²⁰ reported that such amount of stimulation during the middle (8-16 h) and late (18-24 h) periods did not affect the numbers of labeled cells. However, when the stimulation was applied immediately after injecting HRP, it produced a significant reduction of labeled cells as compared to the contralateral nonstimulated side. Thus, they suggested that electrical stimulation affected HRP uptake at the nerve terminals, but had no effect on retrograde axonal transport nor had an effect on inactivation of HRP in the soma. In addition, a study conducted by Kanda and colleagues²¹ observed the effects of blocking nerve conduction on HRP labeling in gastronecmius motoneurons. In their study, the blocking conduction was confirmed by EMG monitoring. Thus. the blocking conduction with tetrodotoxin was reconfirmed 24-48 h after HRP injection into the MG, which is about the required time for the tracer to reach the soma and to be detected. During this study, there were no significant differences in the number of labeled hindlimb motoneurons between the blocked and intact sides of rats. As proposal of this effect, they suggested that in the blocked side may had affected the taking up of HRP at the nerve terminals, but the degradation velocity could be lower in the blocked side as compared to the intact side, which would cancel out any potential difference in labeling. There are several limitations to the previous studies carried out by these authors. For example, the previous studies used old^{20, 21} and young¹⁹ rats in comparison to our study where used adult rats. It has been reported that the penile motoneuron number did not change over time, even with very advanced age. In contrast, the penile muscles and their innervating motoneurons underwent atrophy, with muscle weight and neuron dendritic length declining to less than 50% of young adult levels.²⁷

We hypothesized that the axonal transport of substances in old and young rats is unlike to the axonal transport in adult rats. Hence, our present results are different to the results of previous studies. Moreover, the previous studies used HRP alone and not combined with wheat germ agglutining (WGA) as in our present study. It has been shown that HRP alone is transported more slowly than when combined with WGA.22 In addition, these studies differed in the amount of time allowed for the HRP to be transported since the moment of injection. Specifically, it has been shown that the appropriate time for the tracer to travel from the axon terminals to the soma of motoneurons that innervate to pelvic muscles is about 48 hrs.4, 15, 23-24 Consequently, it is possible that less time as in Nishino's¹⁹ and in Sato's²⁰ work, plus the use of HRP alone may have not been sufficient for the tracer to reach the soma and dendrites of motoneurons that innervate hindlimb muscles. Unfortunately, they did not consider more variables to assess intracellular distribution of the tracer.

Nevertheless, the data of Nishino and colleagues,¹⁹ and Sato and colleagues, suggested two different effects of electrical stimulation. Initially, electrical stimulation applied immediately after injecting HRP appears to diminish its uptake at the nerve terminals. However, when applied several hours later just before perfusion it appears to increase HRP arrival to the soma.

Our results suggest that in all three groups, the soma area for the stimulated side was very similar. In other words, it appears that there is a centripetal motion towards the soma produced by the electrical stimulation. Accordingly, once the HRP is inside the axon and is being transported retrogradely, its arrival to the soma can be accelerated by electrical stimulation. However, in a very similar manner, the HRP that has passed beyond the soma, i.e. that has reached the primary and secondary dendrites, is also brought back to the soma with given electrical stimulation. It is worth noting, that in our present study we used different duration and intensity stimuli and the time of stimulation was only applied for 15 min and these previous

studies applied several hours of stimulation. Additionally, we analyzed motoneurons of a pelvic muscle and the previous studies evaluated hindlimb motoneurons.

On the other hand, in previous studies we have shown that the HRP axonal transport of Pc motoneurons is influenced by PVN oxytocin,¹⁵ therefore, stimulated pelvic nerve could increase the discharge of this peptide, or any other brain transmitter that is normally released on motoneurons, and the stimulated nerve also could activate both dorsal and motor roots, besides of the supraspinal circuits. Consequently, as a "disinhibition mechanism" the axonal transport of substances is accelerated from dendrites to the soma and affecting part of substances flow from soma to the axon.

Alternatively, other possibility to explain the reduction of labeling could involve increased trans-neuronal transport at the level of the

5. Conclusions:

Our interpretation suggests that an increase in the electrical activity of motoneurons results in an intradendritic and intraxonal movement (centripetal movement) increased to concentrate substances in the soma. It could represent that several cytoplasmic elements retrogradly transported by electrical stimuli would produce trophic effects or would contribute to an increase for recycling, degradation or transferring of synaptic vesicles and cytoskeleton components into the cell body.

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